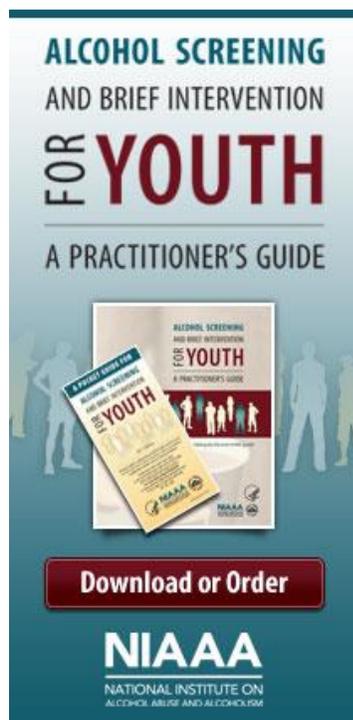


# Alcohol Screening and Brief Intervention for Youth: A Practitioner's Guide

If you manage the health and well-being of 9- to 18-year-olds, this Guide is for you.

“Alcohol Screening and Brief Intervention for Youth: A Practitioner’s Guide” is designed to help health care professionals quickly identify youth at risk for alcohol-related problems. NIAAA developed the [Guide and Pocket Guide](#) in collaboration with the American Academy of Pediatrics, a team of underage drinking researchers and clinical specialists, and practicing health care professionals.



## Why use this tool?

- **It can detect risk early:** In contrast to other screens that focus on established alcohol problems, this early detection tool aims to help you prevent alcohol-related problems in your patients before they start or address them at an early stage.
- **It's empirically based:** The screening questions and risk scale, developed through primary survey research, are powerful predictors of current and future negative consequences of alcohol use.
- **It's fast and versatile:** The screen consists of just two questions, which can be incorporated easily into patient interviews or pre-visit screening tools across the care spectrum, from annual exams to urgent care.
- **It's the first tool to include friends' drinking:** The “friends” question will help you identify patients at earlier stages of alcohol involvement and target advice to include the important risk of friends' drinking.

## Where do I go for training?

Training is available at no charge from Medscape and earns 2.5 CME/CE credits.



[Download or order](#) the Guide and pocket guide.

Link to [Medscape CME Training](#)