

CASE TO CARE

Management Training

www.TheNationalCouncil.org

RECOMMENDED FOR:

Case managers, organizational leaders, supervisors, and other direct care staff in community behavioral health organizations.

TRAINING TOPICS:

The National Council for Behavioral Health's Case to Care Management Training is an in-person, 1-day group training that equips case managers with the expanded skills they need to help the people they serve navigate the new healthcare marketplace and manage their whole health needs. Training topics include:

- Major changes in healthcare delivery — health homes, chronic care models, etc.
- Healthcare system navigation support for people in need of services.
- Physical health challenges of people with mental health and addiction disorders.
- Key issues and interventions for diabetes and heart disease.
- Skills to support health behavior change.
- Rapid cycle change principles for health behavior change, goal planning, and documentation.
- Self-assessment of individual practice.

THE NEED:

The changing healthcare marketplace requires case managers to act as health navigators, support health behavior change, and understand the intersection of common health problems with behavioral health needs and quality of life. Upgrading case managers' skills gives behavioral health organizations a competitive edge in promoting services across the healthcare system.

TAKEAWAYS:

Those who complete Case to Care Management Training are able to:

- Identify current healthcare trends impacting their role.
- Understand the difference between physical health and behavioral health culture.
- Describe strategies to build strong partnerships with primary care providers.
- List strategies to help prepare people for primary care appointments and to increase self-management.
- Apply basic chronic care principles to managing heart disease and diabetes.
- Identify and apply strategies to help people change their health behavior.
- Commit to two immediate changes they will make in their practice.

LOGISTICS:

- Cost:** *\$4,000 (National Council members)
\$4,500 (Not yet a member)
Trainer travel expenses are additional and billed at cost*
- Duration:** *1-day, in-person training (9 am - 4 pm)*
- Class size:** *Up to 60 participants.*

For more information or to schedule a training, please contact Adam Swanson at AdamS@theNationalCouncil.org