

## SAMHSA Primary and Behavioral Health Care Integration (PBHCI) Central Region (HHS Regions 6, 7, & 8) In-Person Meeting September 14-15, 2015

**Byron Rogers Federal Building  
1961 Stout Street  
Denver, CO 80294  
Agenda**

### Overview

Regional meetings provide an opportunity to engage with other grantees, federal partners, and national organizations on accomplishments and challenges related to implementing and sustaining PBHCI services. To accomplish meaningful exchange, grantees should consider sending staff most closely involved in the implementation of the PBHCI project, including project directors/lead project staff, primary care partner staff, peer leaders, and evaluators. Participants will leave the meeting with new strategies to help support implementation.

### Monday, September 14, 2015

**1:00 – 2:00 pm**

#### **Welcome & Introductions/Grantee Sharing**

- Linda Ligenza, CIHS Liaison
- Hannah Mason, CIHS Coordinator
- Brie Reimann, CIHS Deputy Director
- Joy Mobley, SAMHSA PBHCI GPO, Region 6
- Kim Brown, SAMHSA Regional Administrator, Region VII
- Charles Smith, SAMHSA Regional Administrator, Region VIII
- Kim Patton, Behavioral Health Liaison, Region VIII
- Representative of each grantee site will introduce each team member, their role, location, cohort, and goal they have achieved in the last 3-6 months.

**2:00 – 3:00 pm**

#### **Get to know your Federal Regional Partners in Integrated Health Care**

Panelists will provide a brief overview of their agency and will highlight their integrative care initiatives

Kim Gillan, Regional Director, Region VIII, U.S. Department of Health and Human Services

Mark Levine, MD, Chief Medical Officer, Region VIII, Centers for Medicare and Medicaid Services

Laurie Konsella, MPA, Acting Regional Health Administrator, Region VIII  
Office of the Assistant Secretary for Health (OASH)

Kim Patton, PsyD, Behavioral Health Liaison, Region VIII Health Resources and Services Administration (HRSA)

Kim Brown, LAC, MPA, Regional Administrator, Region VII, SAMHSA

Charles Smith, PhD, Regional Administrator, Region VIII, SAMHSA

- 3:00 – 3:15 pm**                      **Break**
- 3:15 – 4:00 pm**                      **Creating a Culture of Wellness across your Organization**  
Engage in a facilitated discussion with the CIHS Liaison about the essential elements necessary to create a culture of wellness. High quality integrated care organizations are characterized by a culture of wellness that is reflected in organizational policies and practices; leadership commitment; workforce competencies; service planning and treatment modalities; peer involvement; and a shared vision and language of wellness that permeates the organization. During this facilitated discussion grantees will review strategies to: (1) secure strong leadership support; (2) engage the workforce in addressing the health-related needs of clients; and, (3) promote an organizational culture of wellness.
- 4:00 – 4:30 pm**                      **Creating a Culture of Wellness: Team Action Planning**  
Meet with your team to conduct an organizational self-assessment to identify: (1) the organizational components in place that promote a culture of wellness; (2) the components that are missing; and, (3) the action steps necessary to enhance the culture of wellness.
- 4:30 – 5:00 pm**                      **Creating a Culture of Wellness: Team Reports**  
Each team will share action plans highlighting goals, challenges and TTA support.
- 5:00 pm**                                      **Meeting Adjourn for the Day**

**Tuesday, September 15, 2015**

- 8:30 – 8:45 am**                      **Welcome/Recap of Day 1**
- 8:45 – 10:15 am**                      **A Critical Step to Sustainability: Uncovering the Actual Cost of Care**  
Since June grantees have been working with CIHS and MTM Services to complete a cost analysis of PBHCI services. MTM Services will present on findings from the cost analysis tool, followed by a facilitated discussion about key strategies on how to use cost data to achieve sustainability. Grantees will learn about ongoing support that is available on completing the cost analysis and on presenting actionable data to achieve results.
- 10:15 – 10:45 am**                      **Break and Wellness Exercise**
- 10:45 – 12:00 pm**                      **Team Time: Create Sustainability Goals**  
Grantees will have an opportunity to meet with their team to reflect on their current state of sustainability and to identify 2-3 goals to focus on over the next 6 months. Consider setting goals in the following domains: financial, organizational policies and practices, leadership commitment, workforce

competencies, service planning and treatment modalities, and peer involvement.

**12:00 – 1:00 pm**

**Lunch on Your Own**

**1:00 – 2:45 pm**

**Tales from the Behavioral Health Integration Capacity Assessment (BHICA)**

Grantees have completed the BHICA to understand organizational strengths and challenges in achieving integration and to set and prioritize goals for integration efforts. CIHS will provide an overview of the (1) goals and accompanying short, medium, and long term objectives proposed by grantees and (2) common themes collected from the BHICA. A facilitated discussion will follow to encourage grantee sharing of best practices and challenges encountered in achieving these goals.

**2:45 – 3:15 pm**

**Update and Discussion on How PBHCI Graduates Are Doing with Sustainability**

**3:15 – 3:30pm**

**Wrap Up and Evaluation**

CIHS liaison will summarize the discussions of the past day and a half. Grantees will also complete the meeting evaluation.

**3:30 pm**

**Adjourn**