

**Do you want to take better care of yourself?
Is it a hassle to go see your doctor or nurse practitioner?
Do you ever wish your doctors would be in one location?**

Welcome to your Health Care Home! We believe that the best health care is care that responds to your needs. Our goal is to help you feel the best you can, both in body and mind.

In order to help you get the best care possible, Porter-Starke Services and HealthLinc have come together, at the same location, to better meet your health needs. Clinic staff will be available to help you with any health problems that you might be going through. They will take the time to listen to your needs and will explain the results of any tests or health screenings that are done.

What can you expect?

- ❖ Available, friendly, and effective health care both when you are well and when you don't feel as healthy as you would like.
- ❖ A treatment team that helps you to understand what your health issues are and what the plan is to help you feel better.
- ❖ Help in setting up and getting to any other medical service, such as labs or seeing a specialist.
- ❖ Support offered between medical appointments to help you make life changes in order to feel better.
- ❖ Support with participating in activities designed to improve your overall well-being.
- ❖ Time to work with your team on setting and reaching your health goals.
- ❖ All information will be kept private and confidential.

What do you need to know?

- ❖ This program is funded with a grant from the federal government. We will be reporting information about the services you receive and the results of any assessments. This information is used to tell us how well the clinic is doing its job for you.
- ❖ While we hope that you take part in everything offered by the clinic, your participation is voluntary. You always have the choice to refuse any recommendations or assessments.
- ❖ If you have Indiana Medicaid, you may need to change your Primary Care Provider to a HealthLinc provider.

Your Medical Provider is: Ann Trapp, FNP

Your Nurse is: Callie Kardos, RN

Your Health Advocate is: Janice Hall, CMA

Clinic Phone Number: 219-476-4670

I _____ *agree to / decline* participation in the Northern Indiana Wellness Project /SAMHSA Primary and Behavioral Health Care Integration Grant. I understand that my participation is voluntary and I will receive regular updates about my health status.

Patient Signature: _____

Date: _____

