

Trauma Informed Supervision Survey

Greetings,

As we continue our efforts to make the [insert organization name] a safe and supportive place for everyone, we are evaluating the supervisee/supervisor relationship. To do this effectively, we need to establish a current state or baseline measure.

By completing this brief, anonymous survey, you will have an opportunity to ensure your voice is heard. The survey closes [insert date/time].

All responses will be aggregated to maintain anonymity; no single person's results will be reviewed or archived.

Thank you for your participation and assistance in driving person-empowered and person-supported change at [insert organization name]!

If you have any questions, please contact [insert contact name] at [insert phone number, email, etc.].

Appreciatively,
[Insert sponsoring body or individual signature]

PRINCIPLE 1: SAFETY

1. In general, I feel calm and relaxed when meeting with my supervisor.

Strongly Disagree Disagree Neither Disagree/Nor Agree Agree Strongly Agree

Principle 1 Comments (optional):

PRINCIPLE 2: TRUSTWORTHINESS AND TRANSPARENCY

Strongly Disagree Disagree Neither Disagree/Nor Agree Agree Strongly Agree

2. I believe I can trust that what my supervisor tells me is true.

Strongly Disagree Disagree Neither Disagree/Nor Agree Agree Strongly Agree

3. I believe my supervisor shares information that I want to know.

Strongly Disagree Disagree Neither Disagree/Nor Agree Agree Strongly Agree

Principle 2 Comments (optional):

PRINCIPLE 3: PEER SUPPORT

4. My supervisor encourages and supports my efforts to give and receive comfort with coworkers.

Strongly Disagree Disagree Neither Disagree/Nor Agree Agree Strongly Agree

Principle 3 Comments (optional):

PRINCIPLE 4: COLLABORATION AND MUTUALITY

5. My supervisor recognizes and acknowledges my expertise making me feel like a highly valued member of our team.

Strongly Disagree Disagree Neither Disagree/Nor Agree Agree Strongly Agree

6. My supervisor actively seeks out my thoughts and suggestions for resolving problems and incorporates them into proposed solutions.

Strongly Disagree Disagree Neither Disagree/Nor Agree Agree Strongly Agree

Principle 4 Comments (optional):

PRINCIPLE 5: EMPOWERMENT, VOICE, AND CHOICE

7. I am able to take initiative to solve problems I encounter with my supervisor's support.

Strongly Disagree Disagree Neither Disagree/Nor Agree Agree Strongly Agree

8. I feel that when I talk to my supervisor he/she really listens to and hears me.

Strongly Disagree Disagree Neither Disagree/Nor Agree Agree Strongly Agree

9. My supervisor works with me to recognize and build on my strengths and experiences to improve the performance of our team.

Strongly Disagree Disagree Neither Disagree/Nor Agree Agree Strongly Agree

Principle 5 Comments (optional):

PRINCIPLE 6: CULTURAL, HISTORICAL, AND GENDER ISSUES

10. I believe my supervisor recognizes, acknowledges, and responds supportively to any cultural, historical, or gender needs I have.

Strongly Disagree Disagree Neither Disagree/Nor Agree Agree Strongly Agree

Principle 6 Comments (optional):