

## **CONCURRENT BREAKOUT SESSIONS, DAY 1: JULY 20**

### **Breakout 1A: The Keys to Maintaining and Supporting Effective Collaborations and Partnerships**

*Laura Galbreath, Director, SAMHSA-HRSA Center for Integrated Health Solutions*

Distinct business advantages and potential challenges arise when providing integrated care through partnerships. Understanding the pros and cons of partnerships and how to create sustainable business relationships are important first steps. By the end of this session, you will be able to:

- ✓ List important criteria for potential partners and to nurture existing partnership
- ✓ Identify MOUs and other resources to support partnership agreements
- ✓ Discuss successes and challenges with other participants

### **Breakout 2A: A Primer on Implementing PrEP for HIV Prevention**

*Ken Almanza, National Minority AIDS Council*

This session covers the evidence behind PrEP, an HIV prevention method for people at high risk of infection. Learn what the major components of the program are, who can benefit from the program, and review the essential pieces from the U.S. Public Health Service's clinical guidelines for PrEP. Discuss common challenges providers face in adopting PrEP and examine solutions that help embed the program into your clinical practice. By the end of this session, you will be able to:

- ✓ Understand the major components of a comprehensive PrEP program, including:
  - Education and outreach programs focused to your target population
  - Insurance and payment
  - Creation of medical protocols
  - Communication with pharmacy and pharmacy staff
  - Recognize the facilitators/barriers for clients in adopting a PrEP regimen
- ✓ Establish a basic understanding of various payer sources

### **Breakout 3A: How to Use Social Media and Other Technology to Support Recovery and Treatment –**

*Larry Villegas Perez, The MayaTech Corporation*

In our world of increased demand for services, increased competition, increased complexity of needs, and dwindling financial resources - it's no longer a question of whether to use social media, but how. Join in this discussion on how you can appropriately use a variety of social media channels to connect with your communities and foster services improvement ?

By the end of this session, you will be able to:

- ✓ Identify different platforms and types of content.
- ✓ Describe challenges in the use of social media.
- ✓ Measure and analyze statistics on social media to better reach your intended audience.

### **Breakout 4A: Assessing and Enhancing Cultural Competence**

*Gretchen Vaughn, The MayaTech Corporation*

In order to assess, implement and monitor cultural and linguistic competence within your agency, you must establish a continual process that advocates for change and improvement by building on strengths and challenging deficits. Join this session to review the necessary components to adequately assess and strengthen an organization's cultural and linguistic competence and learn about available assessment tools. By the end of this session you will be able to:

- ✓ Identify strategies to establish a culture & linguistic change team/plan
- ✓ Discuss the domains used in organizational cultural competence assessment tools to ensure that cultural and linguistic competence are an integral part of the service delivery system
- ✓ Review methods used to evaluate the impact of an organization's culture and linguistic plan

## **CONCURRENT BREAKOUT SESSIONS, DAY 2: JULY 21**

### **Breakout 1B: Taking Care of Yourself: Strategies for Promoting and Practicing Self-Care**

*Karen Johnson, Director of Trauma-Informed Services, National Council for Behavioral Health*

Self-care is not only important for reducing burnout – it is critical for direct care staff to make self-care a priority to reduce vicarious trauma, avoid furthering secondary traumatic stress among staff and clients and in preventing compassion fatigue. Join this session to learn strategies for how you can consistently practice self-care and effective methods for promoting self-care among your colleagues.

By the end of this session, you will be able to:

- ✓ Understand compassion fatigue, secondary traumatic stress, vicarious trauma and burnout
- ✓ Recognize the need to practice self-care
- ✓ Identify three ways in which you can practice self-care

### **Breakout 2B: Roundtable: Enhancing Use of Electronic Health Records**

*Colleen O'Donnell, Policy and Practice Improvement Specialist, National Council for Behavioral Health*

Come to this session with your questions on documentation and sharing patient health information and leave with ideas and strategies for addressing common challenges to using electronic health records (EHRs). This session will include an overview of the Common Clinical Data Set followed by a discussion on “why, when, and how” to share patient health information.

By the end of this session you will be able to:

- ✓ Describe the Common Clinical (formerly the “Meaningful Use”) Data Set - patient health information that can and should be shared
- ✓ Recognize when and how much patient health information should be shared
- ✓ Have increased comfort level with sharing patient health information

### **Breakout 3B: Sustainability of Integrated Care**

*Shelina D. Foderingham, Director of Practice Improvement, National Council for Behavioral Health*

Sustaining integrated care over time is a significant concern for most providers. Sustainability requires organizations to imbed both organizational practices and expectations for integrated care in the fiber of its operations and to explore every possible revenue possibility. This section offers tools and resources for developing sustainability plans for your organization. By the end of this session you will be able to:

- ✓ Understand the tools and resources available to support achieving sustainability
- ✓ Recognize the steps to take to develop strategies to promote sustainability
- ✓ Identify opportunities available to enhance work flow efficiency

### **Breakout 4B: Using the CLAS Standards to Enhance Cultural Competency in Integrated Care**

*Kelly Wagner, The MayaTech Corporation*

The enhanced National Standards for Culturally and Linguistically Appropriate Services (CLAS) in Health and Health Care broaden the definitions of culture and health in an effort to ensure that every individual has the opportunity to receive appropriate health care services. Join this session to review the enhanced CLAS standards and discuss how you can implement the standards in your integrated care setting. By the end of this session you will be able to:

- ✓ Relay the purpose and rationale for the National Standards for Culturally and Linguistically Appropriate Services
- ✓ Describe the CLAS standards
- ✓ Identify how the CLAS standards can be implemented in an integrated care setting