

What I Need

The WIN Clinic wants to know what you need.

We are offering groups on subjects of your choosing.

Let us know what you would like to learn and talk about with us and your peers.

If you are interested in joining our groups please list your mailing address and phone number to get monthly updates.

Name: _____

Phone Number: _____

Address: _____

Groups you would be interested in:

Examples of group topics: Quit smoking, What does my diagnosis mean?, Why am I taking this medication?, coping skills, nutrition, weight loss, yoga, how to manage my depression, or whatever you need 😊