

**SAMHSA Primary and Behavioral Health Care Integration (PBHCI)
Mid-Atlantic Regional Meeting
August 17-18, 2015
Hubert H. Humphrey Building • Washington, DC
Agenda**

Monday, August 17

1:00 – 2:00 pm

Welcome & Introductions/Grantee Sharing

- Tony Salerno & Brie Reimann, CIHS Liaisons
- Emma Green, CIHS Coordinator
- Tenly Biggs & Marian Scheinholtz, SAMHSA PBHCI GPOs
- Federal Representatives (SAMHSA & HRSA)
- Representative of each grantee site will introduce each team member, their role, location, cohort, and goal they have achieved in the last 3-6 months

2:00 – 2:45 pm

Creating a Culture of Wellness Across your Organization

Engage in a facilitated discussion about the essential elements necessary to create a culture of wellness. High quality integrated care organizations are characterized by a culture of wellness that is reflected in organizational policies and practices; leadership commitment; workforce competencies; service planning and treatment modalities; peer involvement; and a shared vision and language of wellness that permeates the organization. Grantees will review strategies to: (1) secure strong leadership support; (2) engage the workforce in addressing the health-related needs of clients; and (3) promote an organizational culture of wellness.

2:45 – 3:00 pm

Stretch Break

3:00 – 4:15 pm

Creating a Culture of Wellness: Team Action Planning

Meet with your team to conduct an organizational self-assessment to identify: (1) the organizational components in place that promote a culture of wellness; (2) the components that are missing; and, (3) the action steps necessary to enhance the culture of wellness.

4:15 – 5:00 pm

Creating a Culture of Wellness: Team Reports

Each team will share action plans highlighting goals, challenges, and TTA support.

5:00 pm

Meeting Adjourn for the Day

Tuesday, August 18

8:30 – 8:45 am **Welcome/Recap of Day 1**

8:45 – 10:15 am **A Critical Step to Sustainability: Uncovering the Actual Cost of Care**
Since June grantees have been working with CIHS and MTM Services to complete a cost analysis of PBHCI services. MTM Services will present on findings from the cost analysis tool, followed by a facilitated discussion about key strategies on how to use cost data to achieve sustainability. Grantees will learn about ongoing support that is available on completing the cost analysis and on presenting actionable data to achieve results.

10:15 – 10:30 am **Stretch Break**

10:30 – 12:00 pm **Team Time: Create Sustainability Goals**
Grantees will have an opportunity to meet with their team to reflect on their current state of sustainability and to identify 2-3 goals to focus on over the next 6 months. Consider setting goals in the following domains: financial, organizational policies and practices, leadership commitment, workforce competencies, service planning and treatment modalities, and peer involvement.

12:00 – 1:00 pm **Lunch on Your Own**

1:00 – 2:45 pm **Tales from the Behavioral Health Integration Capacity Assessment (BHICA)**
Grantees have completed the BHICA to understand organizational strengths and challenges in achieving integration and to set and prioritize goals for integration efforts. CIHS will provide an overview of the (1) goals and accompanying short, medium, and long term objectives proposed by grantees and (2) common themes collected from the BHICA. A facilitated discussion will follow to encourage grantee sharing of best practices and challenges encountered in achieving these goals.

2:45 – 3:00 pm **Wrap Up and Evaluation**
CIHS liaison will summarize the discussions of the past day and a half. Grantees will also complete the meeting evaluation.

3:00 pm **Adjourn**