

Cohort 2, Learning Community Region 9 /10

**PATH : Promoting Access to
Health**

Sustainability Strategies

February 2014

Alameda County Behavioral Health Care Services

PATH Clinic Locations at Adult Community Support Centers:

Oakland, CA (N=210)

Fremont, CA (N=70)

Primary Care Partners:



Key factors

- 1) **positive impacts** on participants
- 2) a **financial plan** to cover operating costs
- 3) **partnerships** with community based providers
- 4) **political support** from agency decision makers
- 5) a plan for **expansion** to other sites

Access to primary care

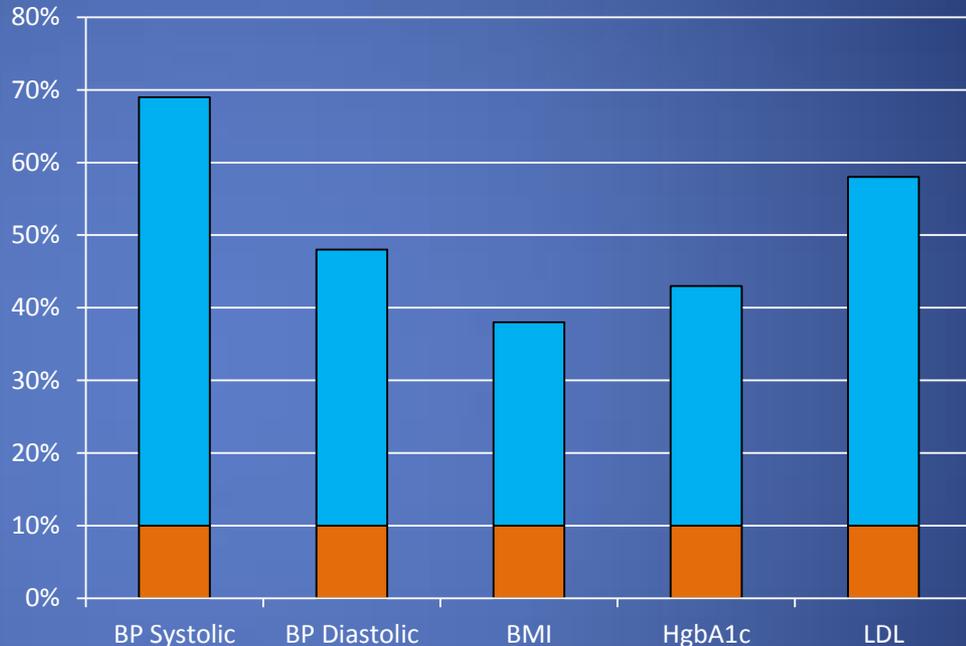
LifeLong Medical Patients Pre-Post	Low Users / 0-1 visits in the year prior to integration	Moderate / 2-6 visits in the year prior to integration	Heavy Users / 7 – 62 visits in the year prior to integration	Total Patients or Visits
Number in Study Sample	24	23	18	N=65
Average # visits Prior to Integration	0.5	4.1	12.9	N=340
Average # visits Post Integration	5.1	4.8	6.3	N=347
Average Change	+4.6	+0.7	-4.6	

Improvements in metabolic indicators

Chronic Conditions in our most At-Risk Clients

Oakland PATH Project

■ Result after 1 year of PATH services
■ Year 1 Goal



Significant Improvement Goals and Metabolic Indicator At-Risk levels are defined in the Clinical Performance Improvement Project Protocol

At-Risk Clients (World Health Organization defined levels)

An in-house study

Health Outcomes for BHCS Service Team Clients

	Study Size	HgbA1c			Blood Pressure			BMI		
		Clients with Abnormal HgbA1c	Number Improved	% Improved	Clients with Abnormal BP	Number Improved	% Improved	Clients with any Baseline BMI	Number Improved	% Improved
Non-PATH	720	192	77	40%	484	271	56%	720	158	22%
PATH	159	93	48	52%	126	81	64%	159	86	54%
Improve ment RATE				29%			15%			146%

A Financial plan (Annual Costs)

<u>Primary Care Position</u>	<u>FTE</u>		Total
Primary Care Physician	0.40		
Clinic Coordinator	1.00		
Medical Assistant	0.40		
Project Manager	<u>0.05</u>		
Primary Care Salaries	1.85	\$ 145,000	
Medical Supplies and Other Costs		\$ 55,000	\$200,000
<u>County BH Position</u>	<u>FTE</u>		
Nurse Care Coordinator	1.0		
Peer Support Counselor	0.5		
Peer Support Counselor	<u>0.5</u>		
Behavioral Health Salaries	2.0	\$ 160,000	
Supplies and Other Costs		\$ 20,000	\$180,000
Combined Project Costs			<u>\$ 380,000</u>

Billing Revenue: A 3-Year “ramp-up”

Primary Care Revenue				
		Year 1	Year 2	Year 3
Medi-Cal Revenue		\$57,000	\$152,000	\$191,000
Medicare Revenue		\$4,000	\$12,000	\$16,000
Self Pay Revenue		\$100	\$200	\$300
PRIMARY CARE TEAM		<u>\$61,100</u>	<u>\$164,200</u>	<u>\$207,300</u>

Behavioral Health Service Team Revenue				
		Year 1	Year 2	Year 3
Nurse Billing		\$47,000	\$65,000	\$76,000
Peer Billing		\$29,000	\$47,000	\$59,000
BEHAVIORAL HEALTH TEAM		<u>\$76,000</u>	<u>\$112,000</u>	<u>\$135,000</u>

Site Totals: Year 1: \$138,100 Year 2: \$276,200 Year 3: \$342,300

Cover the GAP

- California MHSA Funds (Mental Health Services Act)
 - Government or Private Foundation Grants
 - Partnerships with CBO's for in-kind services
- Local colleges and universities (interns or research \$)
 - Cut back on Wellness program?
 - Revisit staffing levels?

System-Wide Goals for the future

Fewer:

Emergency Room visits?

Hospitalizations?

Psychiatric Hospitalizations?

SMI Incarcerations and Jail Stays?

To be continued....