



SAMHSA-HRSA Center for Integrated Health Solutions



ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

CELEBRATING **20** YEARS

PCBHI Grantee Meeting

February 5, 2014 - Chicago, IL

Lonnetta Albright, Executive Director Great Lakes ATTC

Rafael Rivera, Director of Operations Great Lakes ATTC



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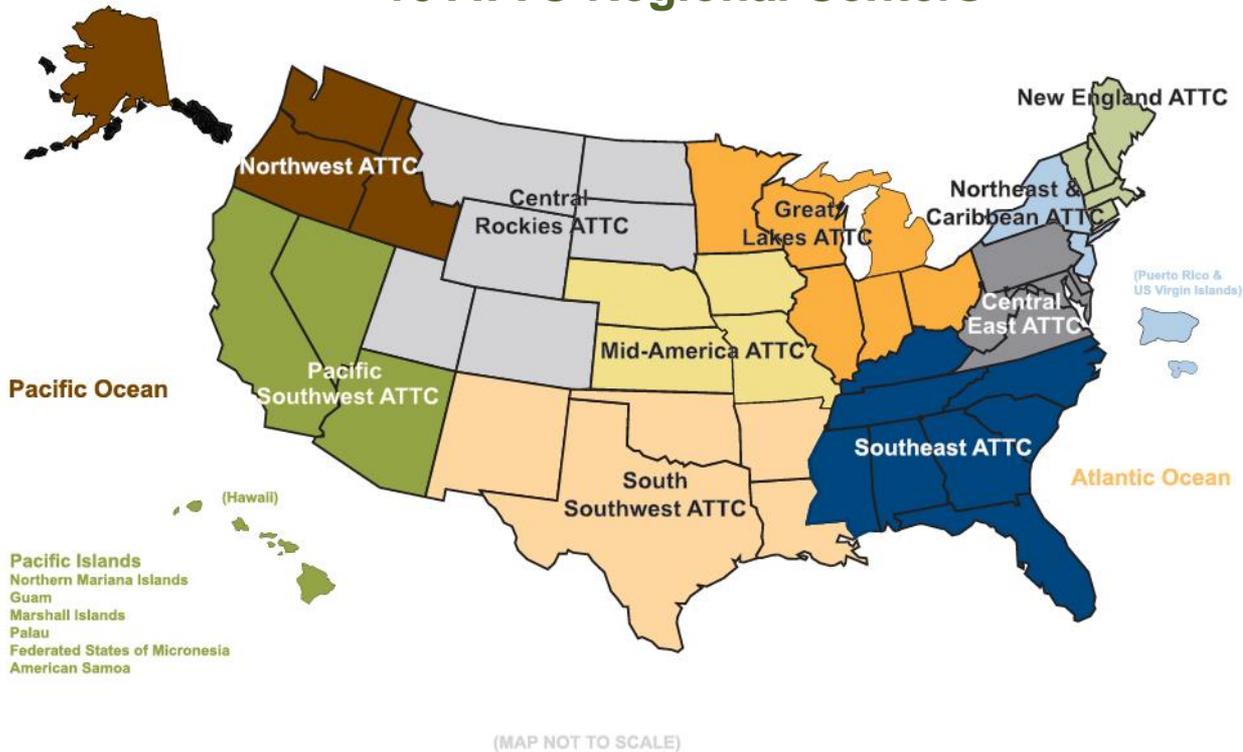
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ATTC Network Structure 2012 - 2017

10 ATTC Regional Centers



1 ATTC Network Coordinating Office

4 ATTC National Focus Area Centers

National Frontier & Rural ATTC

National Native American & Alaskan Native ATTC

National SBIRT ATTC

National Hispanic & Latino ATTC

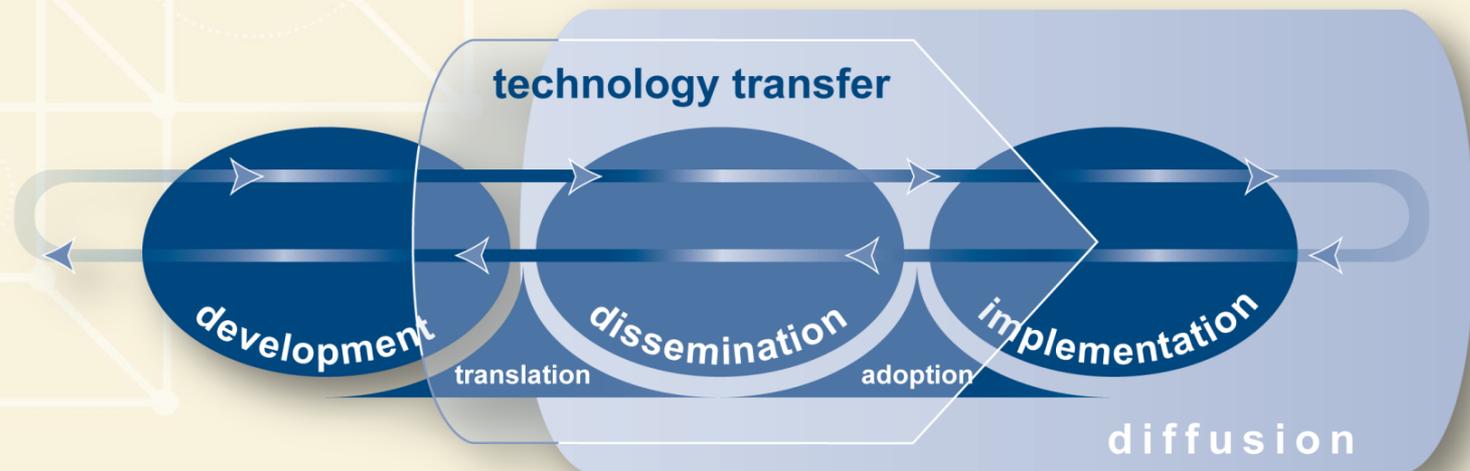
Great Lakes ATTC @ UIC – Region V

- Housed under the Jane Addams College of Social Work at the University of Illinois at Chicago
- 1 of 14 ATTC Centers and a National Coordinating Office
- Funded by DHHS/SAMHSA/CSAT
- Other Sponsors (NIDA, IDHS-DASA, CDPH, PEPFAR)



ATTC Three-Part Mission:

1. Accelerate the adoption and **implementation** of evidence-based and promising addiction treatment and recovery-oriented practices and services



The ATTC Network Model of Technology Transfer in the Continuum of the Diffusion of an Innovation

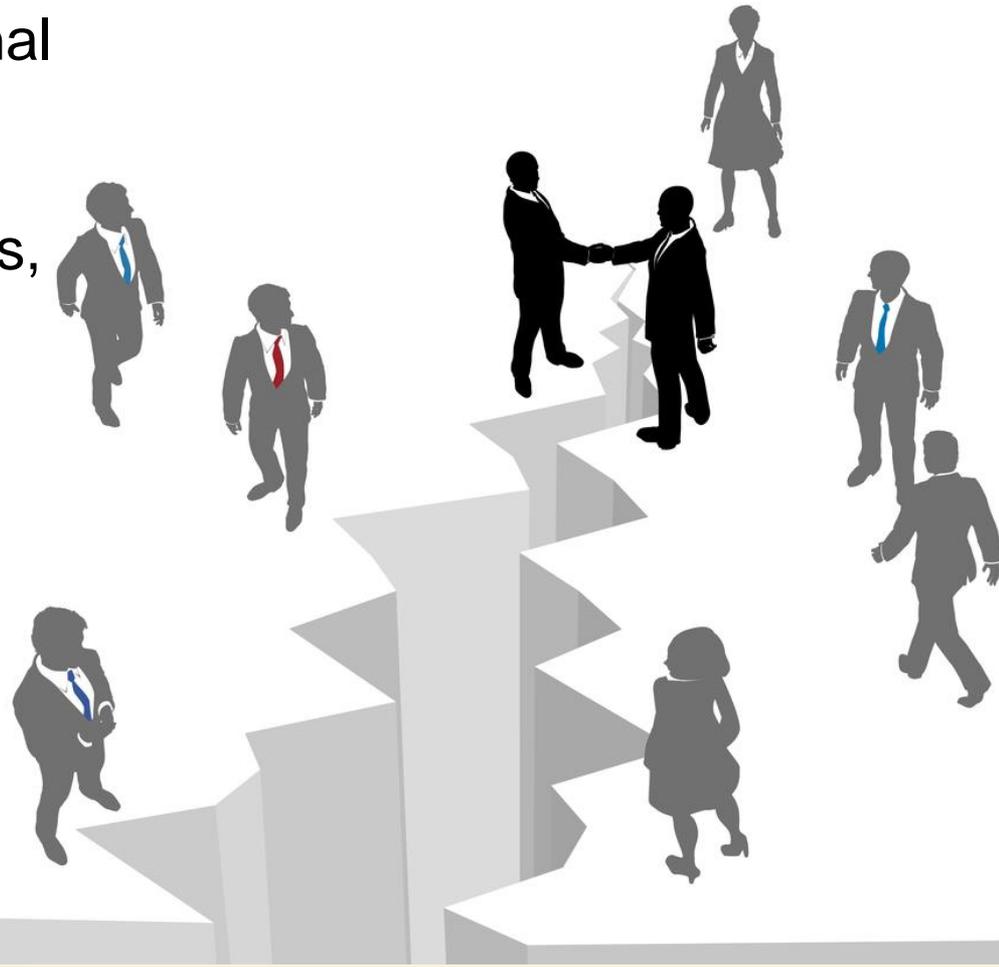
ATTC Three-Part Mission:

2. Heighten the awareness, knowledge, and skills of the **workforce** that addresses the needs of people with substance use and other behavioral health disorders



ATTC Three-Part Mission:

3. Foster regional and national alliances among culturally diverse practitioners, researchers, policy makers, funders, and the recovery community



Key Points:

1. There is a continuum of substance use (disorders) from no/low risk to dependence.
2. There are many pathways to recovery.
3. Addiction is a chronic condition, like other chronic health conditions.
4. Addressing substance use disorders in an integrated care setting is an integral part of addressing whole health, wellness and resilience.

Key Point 1:

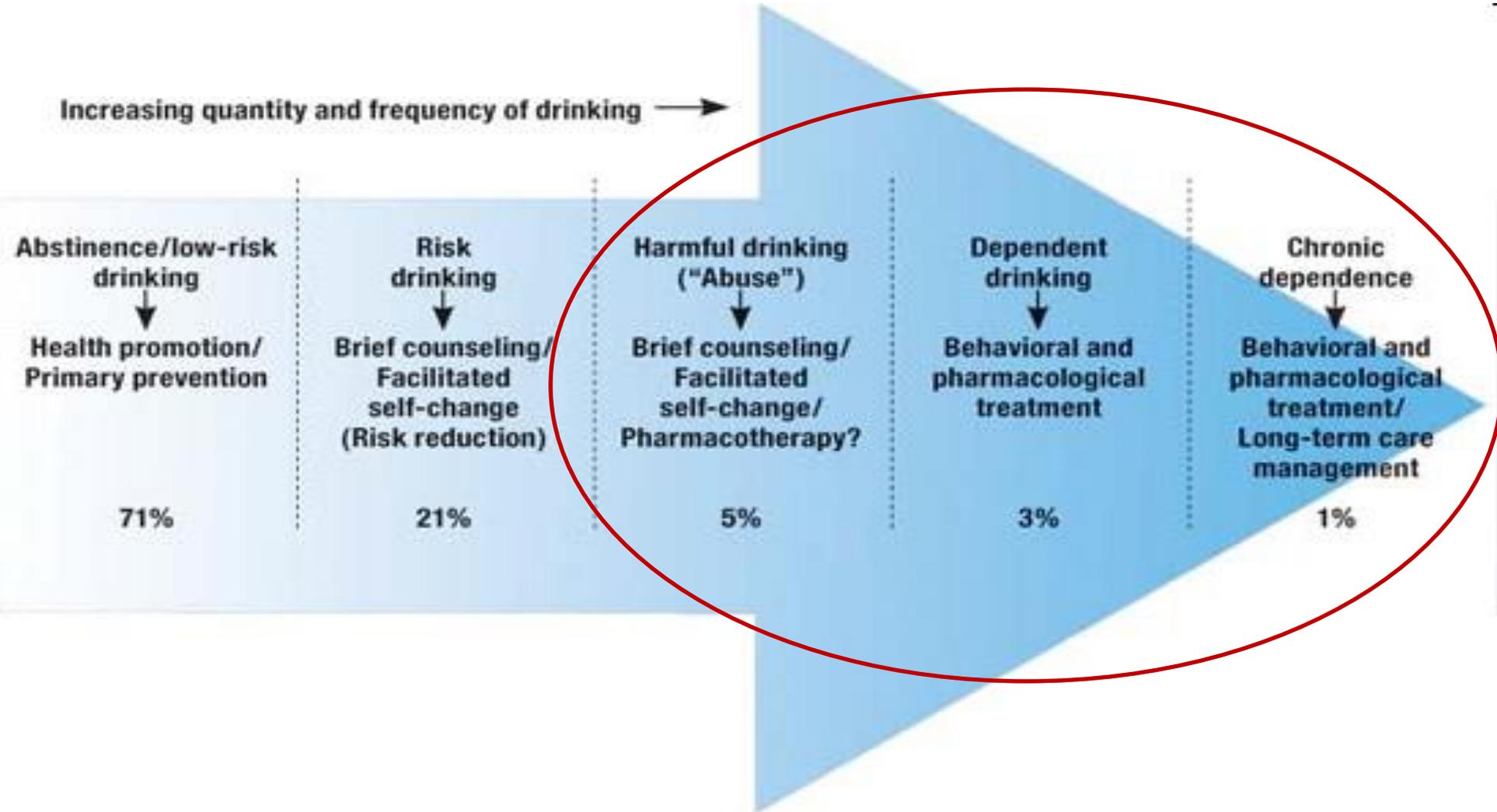
There is a continuum of substance use (disorders) and a continuum of services and supports to address them



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Source: Gumbley, S.

Reference: Willenbring, M. Continuum of care for excessive drinking and alcohol use disorders. (Percentages represent the approximate proportion of the U.S. population age 18 and older in each category in any given year.)



The SBIRT Model is a Public Health Model and Provides a Continuum of Interventions

- **Primary Prevention** – Precluding or delaying the onset of substance use.
- **Secondary Prevention and Intervention** – Providing time, cost, and labor sensitive care to patients who are at risk for psycho-social or healthcare problems related to their substance use choices.
- **Tertiary Treatment** – Providing time, cost, and labor intensive care to patients who are acutely or chronically ill with a substance use disorder.

Key Point 2:

There are many pathways to recovery and not everyone needs specialty treatment



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WHAT IS RECOVERY?

A process of change through which individuals improve their health and wellness, live a self directed life, and strive to reach their full potential.

-- SAMHSA



THERE ARE MANY PATHS TO RECOVERY

- Mutual Support groups
- Other peer support
- Professional treatment
- Nontraditional methods
- Medical interventions
- Medication-assisted treatments
- Family support
- Faith
- on your own
- and more

Example:



Source: Gumbley, S. New England ATTC

Key Point 3:

Addiction is a chronic condition and is as prevalent as other chronic health conditions

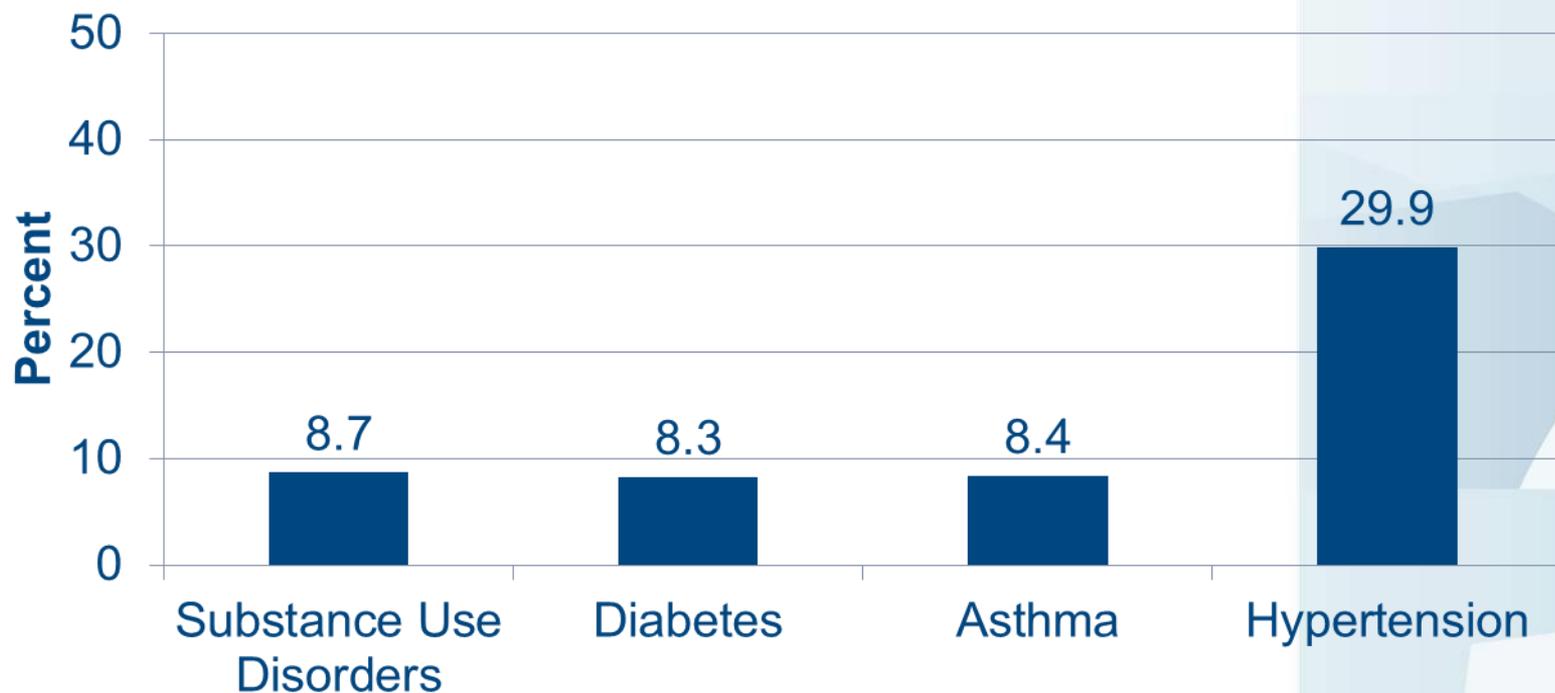


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Substance use disorders are as prevalent as other chronic health conditions



Key Point 4:

Addressing substance use disorders in an integrated care setting is an integral part of addressing whole health, wellness and resilience



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THE SHARED GOAL OF RECOVERY IN MENTAL HEALTH AND SUBSTANCE USE CONDITIONS

**A meaningful
and fulfilling
life in my
community**



Comparison of Key Principles of Recovery-Oriented Systems of Care and Integrated Behavioral Health and Primary Care Settings

Recovery-Oriented Systems of Care	Behavioral Health – Primary Care Integration
Chronic Care Approach	Chronic Care Approach
Sustained healing relationships, post-tx monitoring, support and early re-intervention	Ongoing relationship with care provider
Individualized approaches with a focus on dose, scope and quality	Individualized, stepped care
Attraction via assertive outreach/engagement and focus on earlier intervention	Enhanced access via open scheduling, enhanced hours, new mechanisms for communication, universal screening
Holistic Services	Whole person orientation
Community Health and wellness	Public health approach focused on population health outcomes

Comparison of Key Principles of Recovery-Oriented Systems of Care and Integrated Behavioral Health and Primary Care Settings

Recovery-Oriented Systems of Care	Behavioral Health – Primary Care Integration
Strengths Based Approaches	Solution focused approaches
Integration of Recovery support Services	Care Management, “Enabling Services”
Peer Support (navigating systems, linkage to community resources, coaching, recovery planning, problem solving, etc).	Wellness Programs
Collaborative service relationships	Collaborative care and shared decision making
Expanded composition of service teams	Shift from individual practitioner model to team-based approach
Expanded locus of service delivery, services delivered in natural environments	e.g. Person Centered health homes
Choice, Self direction	Activated patients (Patient education and self management/ self-care)

ATTC Resources of Note:

- HealthKnowledge.org
- National ATTCs
 - SBIRT
 - Frontier and Rural
 - Hispanic and Latino
 - Native American and Alaskan Native
- Regional Resources
- Find more at ATTCnetwork.org

Support Center

Enrollment Information

On-Demand Courses

Instructor-Led Courses

About Us

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Welcome to the new HealthKnowledge.org

Already have an account with **ATTCeLearn.org**? **DON'T PANIC!**
Your account and the status of your current enrollments have not been affected by this change.

Along with a **new name and look**, we also have a **new, simpler navigation**. In addition, in the coming weeks you will continue to see more changes as we add **expanded course offerings** on a variety of related topics essential to today's health professional.

FREE Self-paced Online Courses

- Foundations of SBIRT
- Essential Substance Abuse Skills: Foundations for Working with Addictions
- Medication-Assisted Treatment with Special Populations
- **Addiction Recovery and Intimate Violence**
- and More!

HealthKnowledge.org

*Recovery and Resilience-Focused
Integrated Health and Wellness*





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Great Lakes ATTC

Key Focus Areas

- Recovery Based Systems of Care
 - Systems Transformation
 - Peer Based Recovery Support Services
- Trauma Informed Care
- Returning Veterans
- Evidence-based and Best Practices
- Criminal Justice
- Behavioral Health & Primary Care Integration

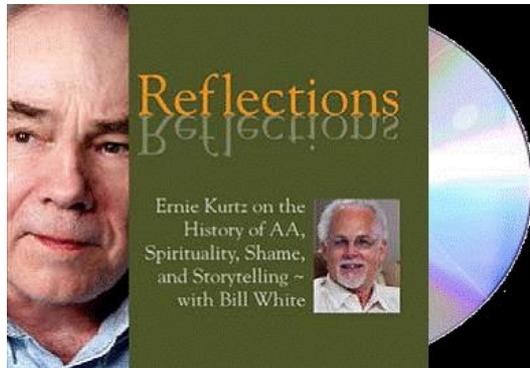


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Great Lakes ATTTC Resources



www.attcnetwork.org/greatlakes



*Everything will be all
right in the end.*

*If it's not all right, then
it's not the end.*



SAMHSA-HRSA Center for Integrated Health Solutions

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