



MAY 11, 2012

Welcome to this week's edition of the E-Update, which contains information related to integration and your PBHCI grant project activities.

Grantee Spotlight

SAMHSA Administrator **Pamela S. Hyde** visited with The Providence Center in Rhode Island last Friday, May 4. Hyde toured The Providence Center's integrated primary and behavioral health care programs, including Providence Community Health Centers at North Main, the integrated care clinic located onsite. Click [here](#) for additional information.

Have a technical assistance need? Send all requests to Emma Green at emmag@thenationalcouncil.org or call at 202-684-7457, ext. 251. The Center for Integrated Health Solutions provides technical assistance in all areas related to your integration efforts, including workforce issues, registries, wellness and health promotion, substance use, and peer support.

Visit the PBHCI Grantee web page: <http://www.integration.samhsa.gov/pbhci-learning-community>
Subscribe to the PBHCI Grantee list-serv: <http://lists.centerforintegratedhealthsolutions.org/mailman/listinfo/pbhci-grantees>
Post messages on the PBHCI Grantee list-serv: pbhci-grantees@lists.centerforintegratedhealthsolutions.org

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2012 GRANTEE MEETING REMINDERS

We look forward to seeing you next week! Here a couple of final reminders regarding the meeting:

Hotel Reminder

Please note that there are two Sheraton hotels in central Baltimore. The grantee meeting will be held at the Sheraton Baltimore City Center (i.e., the Sheraton that is six blocks away from the Inner Harbor).

Sheraton Baltimore City Center
101 West Fayette Street
Baltimore, MD 21201

Materials for Poster Session

As a reminder, we ask that you bring 65 copies of an example tool or resource you've developed as a result of the PBHCI program. Materials should be given to CIHS staff when you check-in at the Grantee Meeting registration desk on Wednesday.

Final Agenda

Click [here](#) to view the final agenda.

UPCOMING WEBINARS

May PBHCI Grantee Webinar: A Comprehensive Approach to Tobacco Cessation

Friday, May 25 2012

1:00 – 2:00 PM EST

To register: <https://www2.gotomeeting.com/register/171523810>

A comprehensive approach to tobacco cessation entails utilizing a mix of educational, clinical, programmatic, policy, and social strategies to effectively reduce the health burden caused by tobacco use. Organizing cessation efforts into an integrated structure can help ensure that interventions reach maximum effectiveness and are sustainable. This webinar will focus on the organizational components (e.g., policies and procedures, staff buy-in, leveraging community resources) needed to effectively implement tobacco cessation activities and provide practical strategies for putting these components into place. Best practices will also be reviewed.

Presenter:

Chad Morris, PhD, Director of the Behavioral Health & Wellness Program, University of Colorado

Integration Models: Lessons From the Behavioral Health Field

Hosted by CIHS

Wednesday, May 23, 2012

1:30 – 3:00 PM EST

To register: <https://www2.gotomeeting.com/register/174403210> (space is limited)

As behavioral health organizations move toward integrating primary and behavioral healthcare services, there are numerous factors to consider. *Integration Models: Lessons From the Field* will showcase three behavioral health organizations that successfully implemented primary care into their service array, offering insight into their chosen strategies. Each organization's representative will discuss their model's unique features; the services provided; its organizational structure; and key lessons learned during the process of implementing integrated services.

Participants will:

- Understand key elements of primary and behavioral healthcare integration models
- Learn the six functional areas of primary and behavioral healthcare integration
- Learn common opportunities and pitfalls to avoid for successful integration

Presenters:

- Karen Bassett, LCSW, Clinical Supervisor II, Project Director of the Wellness Clinic, Weber Human Services
- Jen DeGroff, PhD, Director, Adult and Rural Services, AspenPointe

- Kathy Bianco, APRN-BC, Vice President, Clinical Services, Care Plus NJ, Inc.

Behavioral Health Homes: The Core Clinical Features

Hosted by CIHS

Wednesday, May 30, 2012

2:00 – 3:30 PM EST

To register: <https://www2.gotomeeting.com/register/263358330> (space is limited)

The 2010 Patient Protection and Affordable Care Act established a “health home” option under Medicaid that serves enrollees with chronic conditions. Federal guidance requires a health home to have several provider standards, including quality-driven and cost effective services, comprehensive care plans for each patient, and the involvement of continuing care strategies, to name a few. Hence, becoming a health home requires multiple changes in practice, in workflow, in billing operations, and other practical areas. Behavioral health providers can anticipate that these changes will be difficult and that they will face multiple barriers when trying to implement the necessary changes to become a behavioral health home.

During this webinar, the authors of CIHS’ upcoming paper *Behavioral Health Homes For People with Mental Health & Substance Use Conditions: The Core Clinical Features*, Drs. Laurie Alexander and Benjamin Druss, will walk through the core clinical features of a behavioral health home and what to consider when becoming a behavioral health home. They will also highlight several organizations that have successfully implemented the clinical aspects.

If your organization is interested in becoming a health home, this webinar will help you:

- Learn the core clinical features of a behavioral health home
- Identify real-world examples of how providers are implementing the core clinical features of a health home
- Understand the broader structure of state initiatives around health homes and how maintaining these core features are essential

Presenters:

- Laurie Alexander, PhD, Alexander Behavioral Healthcare Consulting
- Benjamin Druss, MD, MPH, Rollins School of Public Health

A Hidden Epidemic: Tobacco Use and Mental Illness

Part of the Kenneth E. Warner Lecture Series at Legacy

May 31, 2012

12:30 – 2:00 PM EST

To register: <http://www.legacyforhealth.org/5071.aspx>

This May, for Mental Health Awareness Month, Legacy will host a special Warner Series Lecture to address a devastating trend in public health. Research shows that people with mental illness smoke at rates nearly twice as high as the general population (41% vs. 22.5%, respectively) and nearly half of the cigarettes smoked in the United States are consumed by people with co-occurring psychiatric or addictive disorders. The smoking prevalence rates are even higher (60-80%) for those who are diagnosed with depression, bipolar disorder, or schizophrenia. This live-webcasted panel discussion, which takes place on World No Tobacco Day, will address how public health experts can work with the mental health system to curb tobacco use among this population.

Moderator

Judith J. Prochaska, PhD, MPH, Associate Professor in Residence, University of California, San Francisco

Panelists

- Chad Morris, PhD, Associate Professor and Director, Behavioral Health & Wellness Program, University of Colorado, Anschutz Medical Campus, Department of Psychiatry
- Jill M. Williams, MD, Director of the Division of Addiction Psychiatry at the Robert Wood Johnson Medical School, Department of Psychiatry
- Marie Verna, Program Support Coordinator, University of Medicine and Dentistry of New Jersey, University Behavioral HealthCare and a person managing mental illness

RESOURCES

Latest Chatter on the Grantee List-Serv

This month on the grantee list-serv, a grantee inquired about sample wellness job descriptions. Center for Families and Children shared a Director of Care Coordination and Wellness Education job description and Heritage Behavioral Health Center shared a job description for a Health and Wellness Coach. Both of these descriptions are now posted on the grantee web page:

<http://www.integration.samhsa.gov/pbhci-learning-community/resources#WELLNESS>

Another grantee asked whether anyone developed any forms for primary care services (e.g., forms you would fill out at a physician's office as a new patient). Central Oklahoma Community Mental Health Center shared two forms that they use. They are also posted on the grantee web page:

<http://www.integration.samhsa.gov/pbhci-learning-community/resources#Primary%20Care>

May is National High Blood Pressure Education Month

Hypertension is among the most common chronic conditions and is associated with co-morbidities. HHS' Million Hearts Initiative aims to prevent 1 million heart attacks and strokes by 2017 — reducing the prevalence of untreated high blood pressure, particularly for those with multiple chronic conditions, is an important strategy for helping to achieve this goal. For more information [click here](#).

The Commonwealth Fund Commission on a High Performance Health System

The Performance Improvement Imperative: Utilizing a Coordinated, Community-Based Approach to Enhance Care and Lower Costs for Chronically Ill Patients is a report from The Commonwealth Fund Commission on a High Performance Health System, which believes the federal government needs a comprehensive implementation plan to take full advantage of the opportunities in recent health reform legislation. The Commission proposes the U.S. create 50 to 100 voluntary "Health Improvement Communities" focused on patients with multiple, high-cost chronic conditions. Through payment reform, enhanced primary care, and health information technology, this effort could yield \$184 billion in savings, or 21 percent of the overall target.

http://www.commonwealthfund.org/~media/Files/Publications/Fund%20Report/2012/Apr/1596_Blumenthal_performance_improvement_commission_report.pdf

NEW ON THE CIHS WEBSITE

Under In the News

A [USA Today-Kaiser Health article explores America's fight against obesity](#), quoting leaders who feel efforts need to be more aggressive.

The SAMHSA-HRSA Center for Integrated Health Solutions is a national training and technical assistance center dedicated to promoting the development of integrated primary and behavioral health services to better address the needs of individuals with mental health and substance use conditions, whether seen in specialty behavioral health or primary care provider settings.
