



SEPTEMBER 14, 2012

Welcome to this week's edition of the E-Update, which contains information related to integration and your PBHCI grant project activities.

Have a technical assistance need? Send all requests to Emma Green at emmag@thenationalcouncil.org or call at 202-684-7457, ext. 251. The Center for Integrated Health Solutions provides technical assistance in all areas related to your integration efforts, including workforce issues, registries, wellness and health promotion, substance use, and peer support.

Visit the PBHCI Grantee web page: <http://www.integration.samhsa.gov/pbhci-learning-community>
Subscribe to the PBHCI Grantee list-serv: <http://lists.centerforintegratedhealthsolutions.org/mailman/listinfo/pbhci-grantees>
Post messages on the PBHCI Grantee list-serv: pbhci-grantees@lists.centerforintegratedhealthsolutions.org

IN THIS ISSUE

Announcements

- **How are PBHCI Grantees Celebrating Wellness Week?**

New From CIHS

- **New on the CIHS website**

Webinars and Calls

- **PBHCI Grantee Webinar: Strategies for Pain Management**
- **CIHS Conference Call with PBHCI Primary Care Partners**

Resources

- **Suicide in America Infographic**
- **SAMHSA/CMS Consumer Affairs E-Newsletter, September 13, 2012**

ANNOUNCEMENTS

How are PBHCI Grantees Celebrating Wellness Week?

National Wellness Week takes place September 17-23. Here are some ways that PBHCI grantees are getting involved:

- *Community Mental Health Affiliates (CT)* will be holding their first annual Wellness Week festivities. Activities include blood pressures checks, presentations on healthy living, a wellness fair and an agency walk.
- *Community Health and Counseling Services* will step off to wellness on the trail in Machias, ME for a wellness walk.
- *Milestone Centers (PA)* will be participating in the National Line Dance.
- *Southeast, Inc. (OH)* will provide integrated services at the HOPE Picnic. This outdoor event serves over

400 people who are experiencing homelessness. They will be engaging with people, talking about prevention and wellness strategies, providing behavioral health and physical health screens, providing direct services, tending to people with foot issues and unmanaged diabetes, and registering new clients who need behavioral health services.

- *The Kent Center (RI)* has planned a one-mile walk along the beautiful shoreline pathway at Rocky Point.
- *Weber Midtown Wellness Clinic (UT)* has planned a CPR class for all clients, a walk-along the River Parkway, and 3 on 3 basketball games for clients and staff.

For more great wellness week activities and schedule of events, visit http://www.promoteacceptance.samhsa.gov/10by10/wellness_week_2012.aspx

NEW FROM CIHS

- eSolutions and information on SAMHSA's Wellness week were added to the CIHS [homepage](#)
- National Wellness Week sidebar was added to [Wellness section](#)
- Under the MAT section- [Helpful Resources to Address Discrimination Against People in Medication-Assisted Treatment](#) provides useful resources for educating employers, courts and others about Medication Assisted Treatment, including why methadone and buprenorphine do not impair physical or mental functioning when provided to individuals stabilized on the appropriate dose.
- Under the Confidentiality section- Webinar presentation by Partners for Recovery and Legal Action Center on [How to apply the Federal alcohol/drug confidentiality regulations – 42 C.F.R. Part 2 – to Health Information Technology \(HIT\)](#)

WEBINARS AND CALLS

PBHCI Grantee Webinar: Strategies for Pain Management

Tuesday, September 25, 2012

1:00 – 2:00 PM EST

To register: <https://www2.gotomeeting.com/register/297522306>

Pain is one of the most common reasons for patients to seek medical attention and one of the most prevalent medical complaints in the US. Although the majority of chronic pain patients do not abuse pain medications, mental health practitioners need skills to assess when active substance abuse is present and develop appropriate treatment objectives. This webinar will discuss the diagnosis and treatment of chronic pain, the role and limitations of pain medications, and how to identify when pain relieving drugs may be harmful to clients. Participants will understand how to conduct a complete evaluation of clients with a pain disorder, chronic pain syndrome and co-morbid psychiatric diagnoses. Presenting will be Anthony Dekker, DO, Chair of the Department of Addiction Medicine at Fort Belvoir Community Hospital in Virginia. Participants will also hear from CODAC Behavioral Health Services and their work in this area.

CIHS Conference Call with PBHCI Primary Care Partners

Thursday, September 27, 2012

2:00 PM – 3:30 PM EST

Call in number: 1-888-891-0496, access code 269213

To RSVP: Primary Care Partners please e-mail integration@thenationalcouncil.org

CIHS is hosting a conference call with primary care organizations who are partnering with Community Behavioral Healthcare Organizations (CBHO) on the SAMHSA PBHCI grant program. SAMHSA and HRSA are interested in hearing what's working well, where there have been challenges, and what type of technical assistance would be helpful to primary care providers working to meet the needs of this underserved population.

Agenda

I. Introductions

- Laura Galbreath, Center for Integrated Health Solutions (CIHS)
- Trina Dutta, SAMHSA/Center for Mental Health Services
- Alex Ross, HRSA/Office of Special Health Affairs

II. From the Field-Brief Overview of Healthlinc Partnership

- Beth Wrobel, CEO, Healthlinc (Federally Qualified Health Center)

III. Discussion - Implementation of primary care services on-site at Community Behavioral Healthcare Organizations

- Discussion Questions
 - Talk about your productivity at the PBHCI clinic? Is it consistent with your other clinics?
 - What specific health issues are you seeing? Are these issues discussed in a care team setting with both organizations? Who makes up the care team?
 - Are the organizations having collaborative meetings? What frequency?
 - To what degree do the two organizations utilize a shared registry function to track and coordinate care for shared patients?
 - How are you sharing information? Are there EHR compatibility concerns?
 - How are the two organizations developing/implementing the grant? Have strategic steps been agreed upon? If so, how is that going?
 - What are some examples of the clinical, financial, or workforce factors that impact efforts to integrate primary care services at a community behavioral health organization?
 - Are there opportunities to implement shared clinical decision supports to improve health care for shared patients?
 - What type of technical assistance do you need, or would recommend for other CHCs that are integrating primary care services for people with serious mental illness?

RESOURCES

Suicide in America Infographic

Every 15 minutes a person dies by suicide in the U.S. It is also the second leading cause of death in teens. To show the enormous impact this public health problem has on individuals, families, workplaces, the healthcare system, and society, and to promote its prevention, the National Council for Community Behavioral Healthcare created a new infographic, "Suicide in America." To share this infographic on Facebook, Twitter, your website, or via e-mail, visit www.thenationalcouncil.org/cs/suicide_prevention_infographic.

SAMHSA/CMS Consumer Affairs E-Newsletter, September 13, 2012

This issue of the [Consumer Affairs E-News](#) contains a lot of valuable information and resources including: Suggestions for SAMHSA's National Wellness Week, a teleconference on [Improving Women's Health](#), an [evidence report from AHRQ on Medication Adherence Interventions](#), and webinar on [peer-driven innovations](#).

The SAMHSA-HRSA Center for Integrated Health Solutions is a national training and technical assistance center dedicated to promoting the development of integrated primary and behavioral health services to better address the needs of individuals with mental health and substance use conditions, whether seen in specialty behavioral health or primary care provider settings.
