

## Announcements

### Get Your Name on the National Council Conference Marquee

The National Council invites you to earn name and fame by responding to their Call for Presentations for the 43rd National Council Mental Health and Addictions Conference (<http://www.thenationalcouncil.org/cs/conference>). The deadline is Monday, October 15 to be part of the premier healthcare specialty conference's choice program.

Conference presentations must apply to at least one of the conference tracks, which include:

- Addictions and Co-occurring Disorders
- Behavioral Health and Primary Care Integration
- Board Governance
- Children and Youth
- Criminal Justice
- Finance
- Health Information Technology
- Health Promotion, Prevention, and Recovery
- Healthcare Reform
- Leadership, Management, and Workforce
- Marketing and Media
- Organizational Excellence and Practice Improvement
- Peers in the Workforce
- Trauma-Informed Care
- Veterans Services

The National Council will welcome more than 3,000 attendees to the 43rd National Council Mental Health and Addictions Conference, April 8-10, 2013, at Caesars Palace in Las Vegas. The selection process to present at the National Council Conference is highly competitive. National Council members receive special consideration. If you have any questions about the Call for Presentations, contact Sandy Fried at [SandyF@theNationalCouncil.org](mailto:SandyF@theNationalCouncil.org) or visit [www.thenationalcouncil.org/cs/call\\_for\\_presentations](http://www.thenationalcouncil.org/cs/call_for_presentations). Proposals must be submitted online through the National Council website.

## New from CIHS

### Trauma Resources Added to the CIHS Website

In the U.S., 61% of men and 51% of women report exposure to at least one lifetime traumatic event, and in public behavioral health settings, 90% of clients have experienced trauma. Data suggests that many people with mental illnesses and addictions will have poor physical health outcomes if trauma goes unaddressed, and ignoring trauma can hinder recovery. The webpage contains various resources, including research, articles, and tools.

<http://www.integration.samhsa.gov/clinical-practice/trauma>

### New, Notable Integration Research and Resources

Research evolves at a rapid pace in most healthcare sectors. However, with the current emphasis on the integration of primary care with mental health and addictions care nationwide, the literature related to integration seems to evolve daily — and with new integration efforts emerging in communities nationwide, the need for research surges at an even greater rate. As the “national home” of integration, CIHS strives to share a variety of new, notable, and seminal research associated with integrated health services design and provision, consumer experience, and cost.

<http://www.integration.samhsa.gov/research>

## Webinars

## **PBHCI Data Jam: Collecting and Reporting H Indicator Data**

Friday, October 26, 2012

1:00 – 2:30 PM EST

Click here to register <https://www2.gotomeeting.com/register/866461402>

*Please note: This webinar is intended for grantees that are currently enrolling consumers into the PBHCI project (i.e., Cohorts I-IV)*

The importance of collecting and entering the H Indicator data into the TRAC system can't be understated. In this webinar we will discuss and demonstrate the new TRAC H indicator reporting function. We will discuss the importance of collecting and entering the H indicator data into the TRAC system. Data will be presented showing the percentage of H indicator data collected across grantee sites. Project Directors, Data Entry Staff, Clinical Team Leaders, and Evaluators are strongly encouraged to attend; however all grantee staff are encouraged to take part in the webinar.

## **Cohort V Academy: Introduction to Primary and Behavioral Health Care Integration (PBHCI)**

Session 1: The Roles of SAMHSA & CIHS for PBHCI Grantees

Thursday, October 18, 2012

2:00 – 4:00 PM EST

Click here to register <https://www2.gotomeeting.com/register/684032738>

CIHS will host a 10-part online Integration Academy to provide strategic guidance to new grantees on implementing their PBHCI program, to assess their technical assistance needs, and to build a strong rapport among the new cohort. These webinars will create a common frame of reference and help grantees to fulfill their grant obligations. They will take place on Thursdays from 2:00 – 4:00 PM EST from October 18, 2012 through January 17, 2013. *Please note: Though the intended audience is the new Cohort V PBHCI grantees; new staff from Cohort I-IV grantees may also benefit from some of the sessions.*

Save the dates for the remaining sessions:

- October 25, 2012: Project Management & Creating Your Infrastructure
- November 1, 2012: Engaging Consumers and Developing Workflows
- November 8, 2012: Wellness (Health Promotion and Illness Prevention)
- November 15, 2012: Collecting and Using Data to Improve Consumers' Health
- November 29, 2012: Forging and Sustaining Partnerships
- December 6, 2012: Financing and Sustainability
- December 13, 2012: Change Management
- January 10, 2013: Using an EMR to Support Integration
- January 17, 2013: Building a Health Home

## **Featured Resources**

### **Major Changes to CPT Codes**

Effective January 1, 2013, there will be significant changes to Current Procedural Terminology (CPT) codes for psychiatry services. The CPT code set is defined by the American Medical Association (AMA) and describes procedures and services by physicians and other health care professionals. Changes to CPT code sets are made by AMA on an annual basis, but decisions made this year will have a much higher-than-usual impact on psychiatry. Among other changes, evaluation and management services have been entirely removed from the psychiatry section (including pharmacologic management).

A new fact sheet developed by the National Council:

- Outlines the code change and adoption process
- Lists major changes in the 2013 code set
- Crosswalks 2012 codes with 2013 codes for many services

The extent of the changes is not yet fully known – AMA’s revisions are just the first step in a longer implementation process. Whatever changes are ultimately adopted by payers, including Medicaid and Medicare, they will likely have a large impact on behavioral health care agencies’ workflow, billing processes, and practice management systems. The National Council will be holding a webinar on this topic on Friday, November 9th, from 12:00-2:00pm EST. Stay tuned for registration information. <http://www.thenationalcouncil.org/galleries/policy-file/CPT%202013%20Changes%20Fact%20Sheet.pdf>

### **Quitline Use Can Benefit Smokers with Serious Mental Illness, UMDNJ-Robert Wood Johnson Medical School Research Finds**

Tobacco use exerts a particularly devastating toll on persons with serious mental illness. But telephone counseling, or “Quitlines,” can be particularly helpful for individuals in this group, according to research presented recently by Marc L. Steinberg, PhD, assistant professor of Psychiatry at the University of Medicine and Dentistry of New Jersey-Robert Wood Johnson Medical School. <http://www.healthcanal.com/mental-health-behavior/32870-Quitline-Use-Can-Benefit-Smokers-with-Serious-Mental-Illness-UMDNJ-Robert-Wood-Johnson-Medical-School-Research-Finds.html>

### **Share this Infographic: How to Manage Trauma: Warning Signs and Ways to Talk to Your Doctor**

70% of adults in the U.S. have experienced some type of traumatic event at least once in their lives. That’s 223.4 million people. In public behavioral health, over 90% of clients have experienced trauma. Trauma is a risk factor in nearly all behavioral health and substance use disorders. Trauma occurs when a person is completely overwhelmed by certain events or extreme circumstances. People suffering from trauma often respond with intense fear, horror, or feelings of helplessness. In some cases, the extreme stress brought on by trauma overwhelms a person’s capacity to cope. But people can, and do, recover from traumatic experiences every day. Here is an [infographic](http://www.thenationalcouncil.org/cs/trauma_infographic) ([http://www.thenationalcouncil.org/cs/trauma\\_infographic](http://www.thenationalcouncil.org/cs/trauma_infographic)) explaining some of the warning signs of trauma, and some helpful tips on how to seek treatment and talk to your doctor. You can download the infographic in larger size from the National Council website. Share on Facebook, Twitter, LinkedIn, and Pinterest to be a thought leader in the field of Trauma Informed Care. Below are some sample posts you can copy and use:

#### Facebook:

70% of adults in the U.S. have experienced some type of traumatic event at least once in their lives. That’s 223.4 million people. Check out this infographic from the National Council for Community Behavioral Healthcare for more info on addictions and treatment.

#### Twitter:

People can and do recover from #trauma. Talk to your doctor about treatment today @nationalcouncil

### **Low Literacy Materials on Diabetes and Asthma**

The Association of Clinicians for the Underserved (ACU) has numerous low literacy materials in English and Spanish on diabetes and asthma. The asthma materials (<http://www.clinicians.org/asthmaresource>) include many resources that are not written, specifically videos. There are also some mobile apps related to asthma. Downloadable low literacy pilot tested materials on diabetes are also available. (<http://clinicians.org/our-issues/acu-diabetes-patient-education-series/>)

### **Article: People with Schizophrenia More Likely to Die of Heart Attack**

The risk of death resulting from heart attack is higher in people with schizophrenia than in the general public, according to scientists at the Centre for Addiction and Mental Health (CAMH) and the Institute for Clinical Evaluative Sciences (ICES). This study, published online in *Schizophrenia Research*, examined mortality and access to cardiac care after heart attacks (acute myocardial infarction) in those with schizophrenia.

<http://www.sciencedaily.com/releases/2012/10/121003111503.htm>

### **Community Provider Toolkit for Treating Veterans**

The Community Provider Toolkit, provided by the U. S. Department of Veterans Affairs, features key tools to support the mental health services provided to Veterans. Information include how to connect with VA, understanding military culture and experience, as well as tools for working with a variety of mental health conditions.

<http://1.usa.gov/WNa252>

### **The 53rd Annual Dialogues on Behavioral Healthcare Conference**

The 53<sup>rd</sup> Annual Dialogues on Behavioral Healthcare Conference, *New Directions in Medicaid and Behavioral Health: Setting the Stage*, will take place November 4-7, 2012 in New Orleans. In partnership with the Western Interstate Commission for Higher Education (WICHE) Mental Health Program and the National Association of County Behavioral Health and Developmental Disability Directors (NACBHDD), the conference brings together experts from both behavioral health and primary care and will cover topics including changes in Medicaid, health promotion, and integrated delivery of behavioral and primary care.

[http://www.cmhda.org/go/portals/0/cmhda%20files/breaking%20news/1210\\_october/new\\_directions\\_in\\_medicaid\\_and\\_bh\\_setting\\_the\\_stage\\_brochure\\_%2810-4-12%29.pdf](http://www.cmhda.org/go/portals/0/cmhda%20files/breaking%20news/1210_october/new_directions_in_medicaid_and_bh_setting_the_stage_brochure_%2810-4-12%29.pdf)