

September 7, 2012

Welcome to this week's edition of the E-Update, which contains information related to integration and your PBHCI grant project activities.

Have a technical assistance need? Send all requests to Emma Green at emmag@thenationalcouncil.org or call at 202-684-7457, ext. 251. The Center for Integrated Health Solutions provides technical assistance in all areas related to your integration efforts, including workforce issues, registries, wellness and health promotion, substance use, and peer support.

Visit the PBHCI Grantee web page: <http://www.integration.samhsa.gov/pbhci-learning-community>

Subscribe to the PBHCI Grantee list-serv: <http://lists.centerforintegratedhealthsolutions.org/mailman/listinfo/pbhci-grantees>

Post messages on the PBHCI Grantee list-serv: pbhci-grantees@lists.centerforintegratedhealthsolutions.org

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Announcements

National Wellness Week

September 17-23 is National Wellness Week and outstanding wellness outcomes from grantee sites continue to grow. Last year, more than 100 organizations in 36 states participated in National Wellness Week and this year the goal is to have every state represented. Please consider doing a wellness activity to support this national effort to promote wellness awareness. Once you decide on your activity send an e-mail to wellness@samhsa.hhs.gov with the event specifics so it can be added to the SAMHSA website and promoted.

New from CIHS

The Latest Issue of eSolutions is Now Available

eSolutions is the monthly electronic newsletter of the SAMHSA-HRSA Center for Integrated Health Solutions. This resource contains news and perspectives on primary care and behavioral health integration. The August issue focuses on health behavior change through consumer engagement and profiles PBHCI grantee Greater Cincinnati Behavioral Health Services. <http://www.integration.samhsa.gov/about-us/esolutions-newsletter/august-2012>

Webinars and Calls

CIHS Conference Call with PBHCI Primary Care Partners

Thursday, September 27, 2012

2:00 PM – 3:30 PM EST

Call in number: 1-888-891-0496, access code 269213

To RSVP: Primary Care Partners please e-mail integration@thenationalcouncil.org

CIHS is hosting a conference call with primary care organizations who are partnering with Community Behavioral Healthcare Organizations (CBHO) on the SAMHSA PBHCI grant program. SAMHSA and HRSA are interested in hearing what's working well, where there have been challenges, and what type of technical assistance would be helpful to primary care providers working to meet the needs of this underserved population.

Agenda

I. Introductions

- Laura Galbreath, Center for Integrated Health Solutions (CIHS)
- Trina Dutta, SAMHSA/Center for Mental Health Services
- Alex Ross, HRSA/Office of Special Health Affairs

II. From the Field-Brief Overview of Healthlinc Partnership

- Beth Wrobel, CEO, Healthlinc (Federally Qualified Health Center)

III. Discussion - Implementation of primary care services on-site at Community Behavioral Healthcare Organizations

- Discussion Questions
 - Talk about your productivity at the PBHCI clinic? Is it consistent with your other clinics?
 - What specific health issues are you seeing? Are these issues discussed in a care team setting with both organizations? Who makes up the care team?
 - Are the organizations having collaborative meetings? What frequency?
 - To what degree do the two organizations utilize a shared registry function to track and coordinate care for shared patients?
 - How are you sharing information? Are there EHR compatibility concerns?
 - How are the two organizations developing/implementing the grant? Have strategic steps been agreed upon? If so, how is that going?
 - What are some examples of the clinical, financial, or workforce factors that impact efforts to integrate primary care services at a community behavioral health organization?
 - Are there opportunities to implement shared clinical decision supports to improve health care for shared patients?
 - What type of technical assistance do you need, or would recommend for other CHCs that are integrating primary care services for people with serious mental illness?

In Case You Missed It: Enhancing Strategies to Promote Individual Change in Primary Healthcare Settings Webinar Now Available

The SAMHSA-HRSA Center for Integrated Health Solutions' webinar series, *Helping People Embrace Behavior Change in Healthcare Settings*, provides primary and behavioral healthcare staff strategies to support individuals' readiness for health-related behavior change using motivational interviewing.

The presentation and recording of part 2 of the 3-part series, *Enhancing Strategies to Promote Individual Change in Primary Healthcare Settings*, is now available. The webinar was designed for primary care staff working in an integrated care setting. Participants learned skills that increase individuals' likelihood of understanding information and helping individuals develop motivation and consider steps toward health-related changes.

Recording: <https://www2.gotomeeting.com/register/380044602>

Slides: [http://www.integration.samhsa.gov/about-](http://www.integration.samhsa.gov/about-us/Session_2_Enhancing_Strategies_to_Promote_Pt_Change_in_Primary_Healthcare_Settings.pdf)

[us/Session 2 Enhancing Strategies to Promote Pt Change in Primary Healthcare Settings.pdf](http://www.integration.samhsa.gov/about-us/Session_2_Enhancing_Strategies_to_Promote_Pt_Change_in_Primary_Healthcare_Settings.pdf)

The presentation and recording of part 1, *Engaging People in Discussions about Health-related Changes*, are also available.

Recording: <https://www2.gotomeeting.com/register/187390882>

Slides: [http://www.integration.samhsa.gov/about-us/MI Session 1 Engaging People FINAL 8.3.pdf](http://www.integration.samhsa.gov/about-us/MI_Session_1_Engaging_People_FINAL_8.3.pdf)

Resources

National Recovery Month Website

September is *Recovery Month*. *Recovery Month* promotes the societal benefits of prevention, treatment, and recovery for mental and substance use disorders, celebrates people in recovery, lauds the contributions of treatment and service providers, and promotes the message that recovery in all its forms is possible. Recovery Month spreads the positive message that behavioral health is essential to overall health, that prevention works, treatment is effective and people can and do recover. For a list of resources, community events, and information on how to get involved, visit <http://www.recoverymonth.gov/>

Resources from the Legal Action Center

The Legal Action Center is a non-profit public interest law firm and policy organization that specializes in fighting discrimination against and protecting the rights of people with alcohol or drug problems, HIV/AIDS or criminal records. Their resources include past webinars, slides, and materials on 42CFR and Medication-Assisted Treatment. Visit their website for a full list of webinar resources: http://lac.org/index.php/lac/webinar_archive

Words of Wellness Newsletter

This monthly newsletter from the Collaborative Support Programs of New Jersey Institute for Wellness and Recovery Initiatives features information and resources to help people to achieve and maintain wellness. The September issue includes articles on National Recovery Month as well as what wellness is and how a wellness coach can help. <http://welltacc.org/attachments/article/391/wow-2012%20volume%206%20number%203.pdf>

The SAMHSA-HRSA Center for Integrated Health Solutions is a national training and technical assistance center dedicated to promoting the development of integrated primary and behavioral health services to better address the needs of individuals with mental health and substance use conditions, whether seen in specialty behavioral health or primary care provider settings.
