

# Behavioral Health is Essential To Health



Prevention Works



Treatment is Effective



People Recover



# Primary and Behavioral Health Care Integration Program Cross-Site Evaluation Summer 2016 Grantee Regional Meetings



# Introductions



Jonathan Brown, PBHCI Evaluation Director  
Mathematica Policy Research

# Meeting Agenda

- **Introductions**
- **Review evaluation data sources**
- **Highlight upcoming data collection**
- **Answer your questions**

# Goals of Evaluation

- 1. What services do PBHCI clients receive?**
- 2. How does integration improve the behavioral health, physical health, and functional outcomes of clients?**
- 3. What are the essential components of integration?**
- 4. What successes and challenges do grantees encounter?**

# Evaluation Data Sources

## Client Outcomes and Delivery of Care

- TRAC/NOMs/Section H
- Grantee registry/EHR data

## Implementation

- Grantee applications
- Grantee quarterly reports
- BHICA
- Sustainability plans
- Telephone interviews
- Site visits
- Client focus groups

## Staff Experiences with Integration

- Online staff survey



# GRANTEE SURVEY

# Grantee Survey

**Purpose: Gather your perspectives on how integration is implemented; what integration looks like on the ground**

- **Collaborations between different types of providers**
- **Use of EHRs and other technologies**
- **Experience with evidence-based practices**
- **Factors that facilitate or impede integration**

**Who: Cohort 6-8 grantee directors and frontline staff**

**When: Sept 2016 and again Sept 2018 (to look at change over time)**

**Where: Online; directors and staff will receive email with link to survey**

# Your Participation in the Survey

## Directors

- **Please submit staff list to Mathematica.**
- **Staff are not limited to those included in your application or those directly supported by the grant. Should include anyone you consider to be part of your PBHCI team.**
- **Send list of staff via our secure website or email list to [pbhcisurvey@mathematica-mpr.com](mailto:pbhcisurvey@mathematica-mpr.com)**

## Everyone

- **Complete the survey in September**
- **Encourage your colleagues to complete survey**

# TRAC/NOMS DATA

# Importance of TRAC/NOMs Data

- **Main source of data on outcomes**
- **Main source of data to support continuation of program and respond to inquires**
- **Valuable data sources but low follow-up rates**

# PBHCI NOMs Reassessment Rates\*

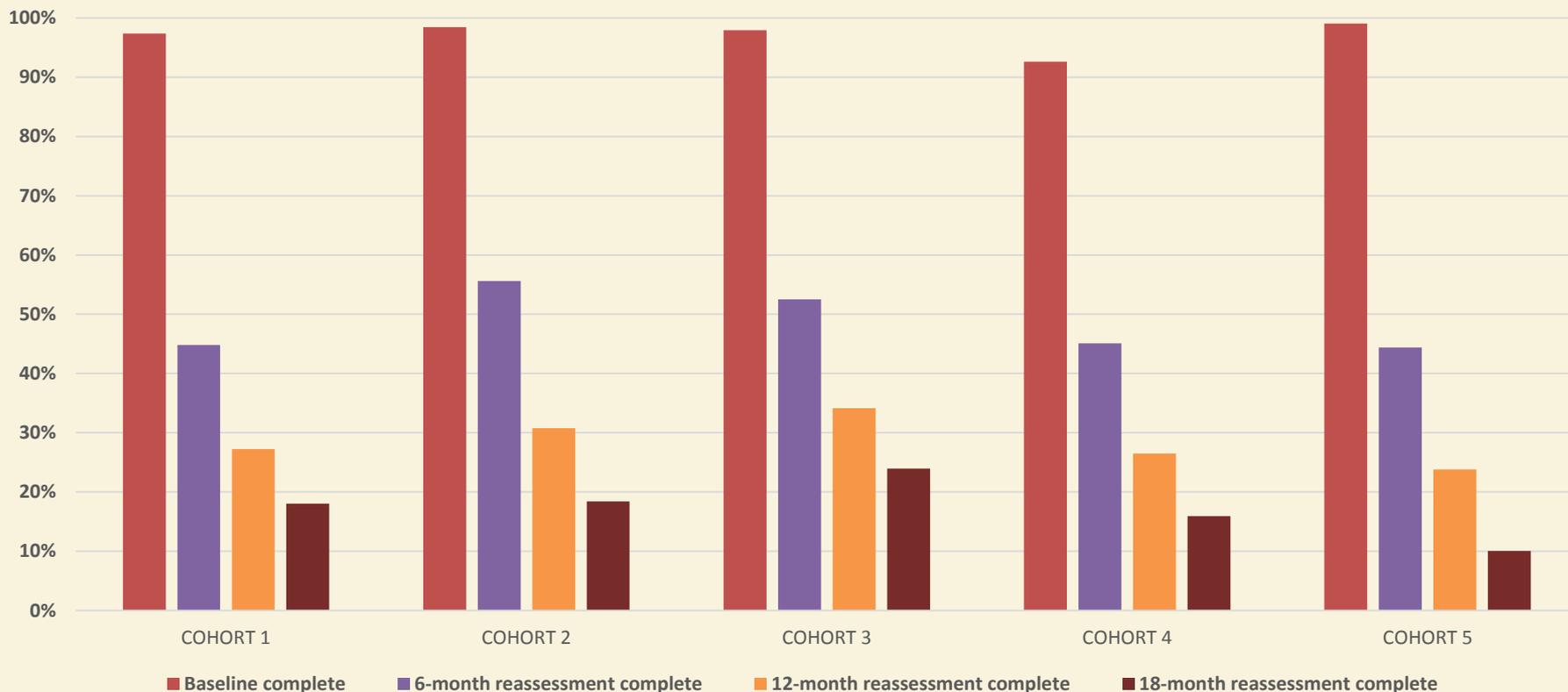
## Across PBHCI cohorts 1-5:

- About 50 percent of clients have 6-month follow-up
- About 30 percent of clients have 12-month follow-up
- Limits ability to examine changes over time to a subset of PBHCI clients; may not be representative of all PBHCI clients.

\* Based on Mathematica analysis of TRAC data through March 2015. Does not contain CDP data. Discharges excluded from denominator.

# PBHCI Reassessment Rates (cont.)

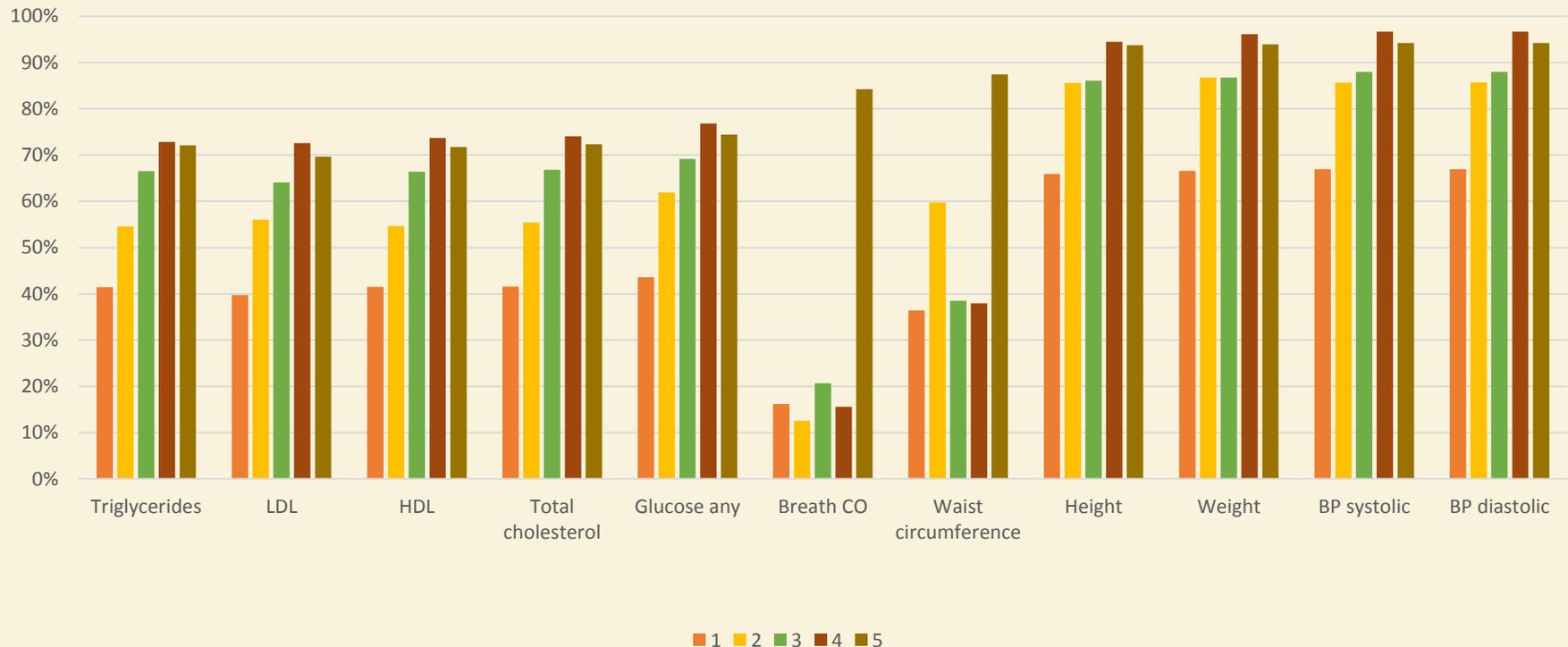
Proportion of PBHCI clients with NOMs interview data by cohort



Source: Mathematica analysis of TRAC data through March 2015. Does not include CDP data. Discharges excluded from denominator.

# Completeness of Section H Physical Health Indicators at Baseline

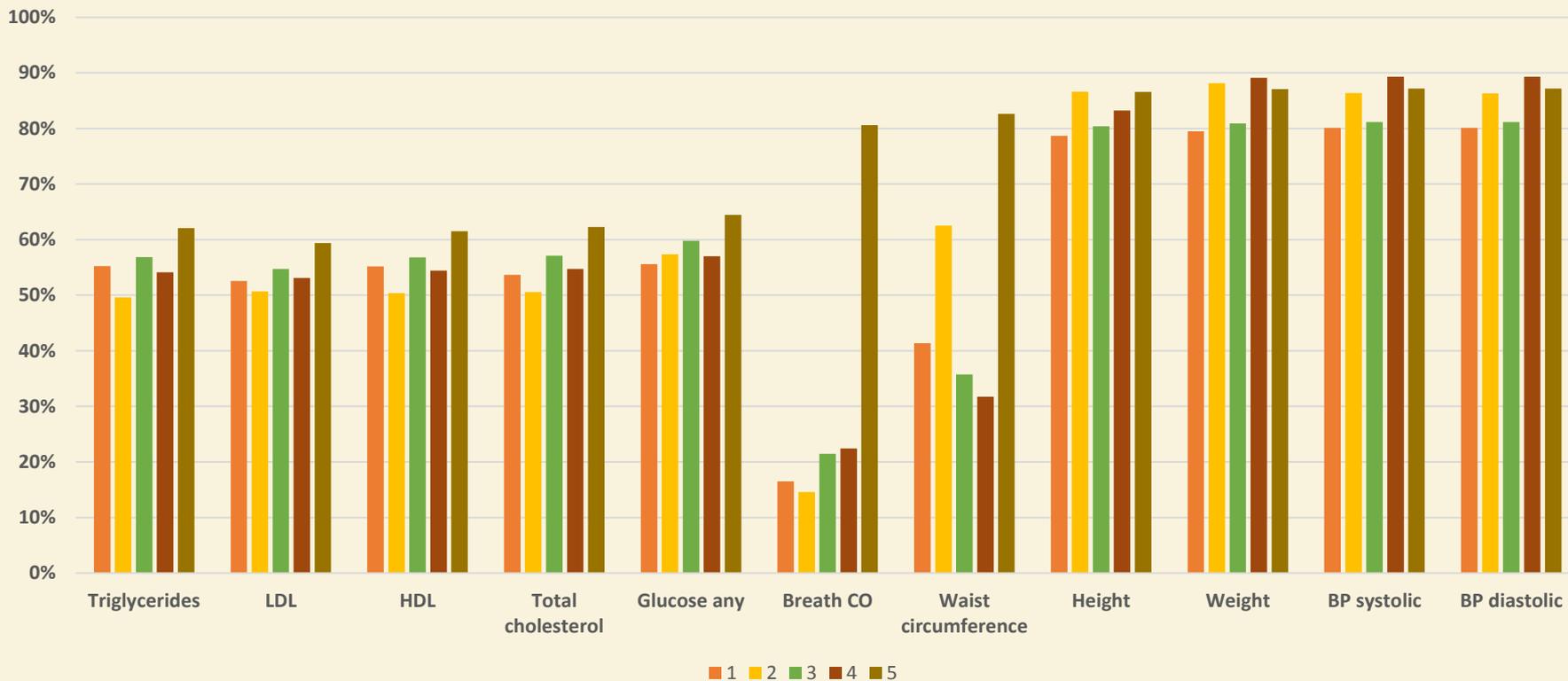
Proportion of PBHCI clients with physical health (Section H) indicators at baseline by cohort



Source: Mathematica analysis of TRAC data through March 2015. Does not include CDP data.

# Completeness of Section H Physical Health Indicators at 12-Month Assessment

Proportion of PBHCI clients with physical health (Section H) indicators at 12-month assessment by cohort



Source: Mathematica analysis of TRAC data through March 2015. Does not include CDP data.

# Strategies to Improve Reassessment Rates

**What are the main barriers to getting clients to show up for reassessments?**

**What has worked to get clients to come for reassessments?**

**Some suggestions:**

- **Establishing workflows for tracking and follow-up (CIHS can help)**
- **Gathering multiple contacts at enrollment**
- **Sending postcards and reminders between appointments**



# ELECTRONIC DATA SUBMISSION FOR COHORT 8

# Purpose of Electronic Data Submission

- **TRAC/NOMS data has limited information about service utilization**
- **Extract a targeted set of variables from cohort 8 grantee electronic health records (EHRs), clinical registries (or other systems)**
- **We will use these data to assess:**
  - **Whether consumers receive a “package” of integrated care**
  - **Quality of care using clinical quality measures: modeled our measures on those endorsed by the National Quality Forum and/or reported in public programs to facilitate comparisons**

# Types of Electronic Data Requested

Domain	Data Elements
Demographics	Gender, birth year, race/ethnicity, diagnoses
Services provided by your agency/clinic	Medication management, care management/care coordination, psychotherapy, peer support, physical health care, and treatment planning
Wellness services provided by PBHCI program	Participation in tobacco cessation, nutrition/exercise, chronic disease or wellness self-management (focus on RFA-mandated and elective EBPs)
Referrals	Referrals for obesity, tobacco cessation, physical health care, mental health and substance abuse
Medications	Behavioral and physical health
Services outside of agency/clinic	Hospitalization, ED, primary care/physical health care

# Where to Find More Information about Electronic Data Submission Request

- **Spreadsheet of variables and FAQs about electronic data submission request:**

**[http://www.integration.samhsa.gov/pbhci-learning-community/resources#data collection](http://www.integration.samhsa.gov/pbhci-learning-community/resources#data_collection)**

# Reminders about Electronic Data

- **You can pull data from any system (electronic health records, registries, pharmacy/prescribing, Excel tracking sheets, others)**
- **You can provide data in different file types and formats (need to be linkable using TRAC identifier)**
- **You can use different variable names; give us crosswalk**

# Where to Submit Data Electronic Data

- **Mathematica assigns every grantee user ID and password to submit data to this site:  
<https://www.pbhcieval.com/Grantee/SitePages/Home.aspx>**
- **Do not email files to Mathematica**
- **Do not email files to your GPO or SAMHSA or CIHS**
- **Email [pbhcieval@mathematica-mpr.com](mailto:pbhcieval@mathematica-mpr.com) or 1-866-504-9640 with questions**

# When Electronic Data is Due

- **First submission: Oct 31, 2016**
- **Subsequent submissions follow quarterly schedule**

Dates of the Quarter/Period Covered by Data Submission	Grantee Due Date
1 <sup>st</sup> quarter – Oct 1 through Dec 31	Jan 31
2 <sup>nd</sup> quarter – Jan 1 through March 30	April 30
3 <sup>rd</sup> quarter – April 1 through June 30	July 31 – not in 2016
4 <sup>th</sup> quarter – July 1 through Sept 30 (for first data submission, begin with first date of client enrollment into program if possible)	<b>Oct 31 – first submission due date in 2016</b>



# QUESTIONS AND TROUBLESHOOTING

# Evaluation Team Contacts

- **Jonathan Brown (Mathematica Project Director):**  
**[pbhcieval@mathematica-mpr.com](mailto:pbhcieval@mathematica-mpr.com)**
- **Laura Jacobus-Kantor (SAMHSA Contracting Officer's Representative for PBHCI evaluation):**  
**[Laura.Jacobus-Kantor@samhsa.hhs.gov](mailto:Laura.Jacobus-Kantor@samhsa.hhs.gov)**