Culture of Wellness Organizational Self-Assessment Scoring Guide

The outline below is used to calculate your scores for each domain of the COW-OSA. Each person completing the COW-OSA transfers their scores onto this guide and calculates their average score for each domain in the box area. After each box is filled, the score is transferred to the graph on the following page by placing a dot (circle) by the corresponding number.

DOMAIN 1: Organization-Wide Wellness Team
Standard A _____     Standard B _____     Standard C _____     Standard D ________
ADD all 4 scores (TOTAL SCORE) =   _____   Divide TOTAL SCORE by 4 =

DOMAIN 2: Person-Centered Wellness Programs
Standard A _____     Standard B______     Standard C ____             Standard D ______
Standard E _____     Standard F______     Standard G __             Standard H ______
ADD all 8 scores (TOTAL SCORE) =   _____   Divide TOTAL SCORE by 8= 

DOMAIN 3: System-Wide Focus of Leadership
Standard   A _____       Standard B______     Standard C ____             Standard D ______
Standard E____ADD all 5 scores (TOTAL SCORE) =   ___ Divide TOTAL SCORE by 4 =

DOMAIN 4: Integration of Health, Wellness with Behavioral Health
Standard   A _____       Standard B______     Standard C ____
ADD all 3 scores (TOTAL SCORE) =   ______   Divide TOTAL SCORE by 3 =

DOMAIN 5: Workforce Development
Standard   A _____       Standard B______     Standard C ____     Standard D ______
ADD all 4 scores (TOTAL SCORE) = ______  Divide TOTAL SCORE by 4 =

**DOMAIN 6: Community Connections and Resources**

Standard A _____  Standard B______  Standard C ____  
ADD all 3 scores (TOTAL SCORE) = ______  Divide TOTAL SCORE by 3 =

**DOMAIN 7: Language and Messaging**

Standard A _____  Standard B______  Standard C ____  
Standard D _____ Standard E _____  
Add all 5 scores (TOTAL SCORE) = ______  Divide TOTAL SCORE by 5 =

**DOMAIN 8: Workforce Wellness**

Standard A _____  Standard B _________ Standard C _________  
ADD all 3 scores (TOTAL SCORE) = _________ Divide TOTAL SCORE by 3 =

**DOMAIN 9: Organizational Policies**

Standard A _____  Standard B _________ Standard C _________  
ADD all 3 scores (TOTAL SCORE) = _________ Divide TOTAL SCORE by 3 =

**DOMAIN 10: Performance Evaluation and Data**

Standard A _____  Standard B _________ Standard C _________  
ADD all 3 scores (TOTAL SCORE) = _________ Divide TOTAL SCORE by 3 =

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