Por Tu Salud: Four Years Later

Evaluation Team
Violeta Rodriguez, B.A.
Emy Pesantes, M.S.W., M.B.A.

TOTAL ENROLLMENT: 475
ACTIVE CONSUMERS: 251
DISCHARGED CONSUMERS: 144
MEDICAID: 81

ETHNICITY, n=462
- Central American: 7%
- Cuban: 2%
- Dominican: 6%
- Mexican: 6%
- Puerto Rican: 7%
- South American: 4%

GENDER, n=474
- FEMALE: 53.6%
- MALE: 46.4%

AGE GROUP, n=474
- 18 - 24: 15%
- 25 - 34: 15%
- 35 - 44: 74%
- 45+: 3%

BLOOD PRESSURE, n=110
- Normal: 30%
- Pre-hypertension: 27%
- Stage 1 Hypertension: 29%
- Stage 2 Hypertension: 27%

BLOOD PRESSURE
- Baseline
- 6M
- 12M

CHOLESTEROL
- Baseline
- 6M
- 12M

BODY MASS INDEX
- Baseline
- 6M
- 12M

HbA1c
- Baseline
- 6M
- 12M

SMOKING, n=110
- Baseline
- 6-month
- 12-month

COMMON CHRONIC HEALTH CONDITIONS, n=110
- High Blood Pressure
- High Total Cholesterol
- Obesity
- Diabetes

MENTAL HEALTH SYMPTOMS FREQUENCY, n=75
- Baseline
- 6-month
- 12-month

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