Trauma Informed Supervision Survey

Greetings,

As we continue our efforts to make the [insert organization name] a safe and supportive place for everyone, we are evaluating the supervisee/supervisor relationship. To do this effectively, we need to establish a current state or baseline measure.

By completing this brief, anonymous survey, you will have an opportunity to ensure your voice is heard. The survey closes [insert date/time].

All responses will be aggregated to maintain anonymity; no single person’s results will be reviewed or archived.

Thank you for your participation and assistance in driving person-empowered and person-supported change at [insert organization name]!

If you have any questions, please contact [insert contact name] at [insert phone number, email, etc.].

Appreciatively,
[Insert sponsoring body or individual signature]

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<thead>
<tr>
<th></th>
<th>1. My supervisor treats me with dignity and respect.</th>
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<tr>
<td></td>
<td>Strongly Disagree   Disagree Neither Disagree/Nor Agree Agree Strongly Agree</td>
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<th>2. My supervisor makes supervision a constructive learning process.</th>
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<tr>
<td></td>
<td>Strongly Disagree   Disagree Neither Disagree/Nor Agree Agree Strongly Agree</td>
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<th>3. My supervisor provides specific skill development in areas needing work.</th>
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<tbody>
<tr>
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<td>Strongly Disagree   Disagree Neither Disagree/Nor Agree Agree Strongly Agree</td>
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<th>4. My supervisor emphasizes the development of strengths and capabilities.</th>
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<td></td>
<td>Strongly Disagree   Disagree Neither Disagree/Nor Agree Agree Strongly Agree</td>
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</table>
5. My supervisor involves me in the supervision process.
   Strongly Disagree    Disagree    Neither Disagree/Nor Agree    Agree    Strongly Agree

6. My supervisor helps me feel accepted and respected as a person.
   Strongly Disagree    Disagree    Neither Disagree/Nor Agree    Agree    Strongly Agree

7. My supervisor appropriately deals with emotions and content.
   Strongly Disagree    Disagree    Neither Disagree/Nor Agree    Agree    Strongly Agree

8. My supervisor motivates me to assess my performance/behavior.
   Strongly Disagree    Disagree    Neither Disagree/Nor Agree    Agree    Strongly Agree

9. My supervisor conveys a sense of competence.
   Strongly Disagree    Disagree    Neither Disagree/Nor Agree    Agree    Strongly Agree

10. My supervisor responds supportively to my interpersonal style.
    Strongly Disagree    Disagree    Neither Disagree/Nor Agree    Agree    Strongly Agree

11. My supervisor listens to my concerns.
    Strongly Disagree    Disagree    Neither Disagree/Nor Agree    Agree    Strongly Agree

12. My supervisor is open to receiving feedback from me.
    Strongly Disagree    Disagree    Neither Disagree/Nor Agree    Agree    Strongly Agree
   Strongly Disagree    Disagree    Neither Disagree/Nor Agree    Agree    Strongly Agree

14. My supervisor encourages expression of opinions, questions, and concerns about work.
   Strongly Disagree    Disagree    Neither Disagree/Nor Agree    Agree    Strongly Agree

15. My supervisor provides an opportunity to supportively discuss the major challenges I face.
   Strongly Disagree    Disagree    Neither Disagree/Nor Agree    Agree    Strongly Agree

16. My supervisor is flexible enough to encourage spontaneity and creativity.
   Strongly Disagree    Disagree    Neither Disagree/Nor Agree    Agree    Strongly Agree

17. My supervisor encourages the use of new and different techniques.
   Strongly Disagree    Disagree    Neither Disagree/Nor Agree    Agree    Strongly Agree

18. My supervisor helps to define and achieve specific, concrete goals.
   Strongly Disagree    Disagree    Neither Disagree/Nor Agree    Agree    Strongly Agree

19. My supervisor validates my concerns.
   Strongly Disagree    Disagree    Neither Disagree/Nor Agree    Agree    Strongly Agree

20. My supervisor gives useful feedback.
   Strongly Disagree    Disagree    Neither Disagree/Nor Agree    Agree    Strongly Agree

   Strongly Disagree  Disagree  Neither Disagree/Nor Agree  Agree  Strongly Agree

22. My supervisor explains criteria for evaluation clearly.

   Strongly Disagree  Disagree  Neither Disagree/Nor Agree  Agree  Strongly Agree


   Strongly Disagree  Disagree  Neither Disagree/Nor Agree  Agree  Strongly Agree

24. My supervisor effectively responds to and addresses my needs.

   Strongly Disagree  Disagree  Neither Disagree/Nor Agree  Agree  Strongly Agree

25. My supervisor expresses a supportive, compassionate attitude.

   Strongly Disagree  Disagree  Neither Disagree/Nor Agree  Agree  Strongly Agree

Comments (optional):