Slides for today’s webinar are available on the CIHS website at:

www.Integration.samhsa.gov

under About Us/Innovation Communities
Setting the Stage:

Today’s Facilitator

Pam Pietruszewski, MA
Integrated Health Consultant
SAMHSA-HRSA Center for Integrated Health Solutions
Setting the Stage:
Today’s Moderator

Hannah Mason, MA
Senior Associate
SAMHSA-HRSA Center for Integrated Health Solutions
Our format...

**Structure**
Short comments from experts
Specifics from their point of view

**Polling You**
Every 20-minutes
Finding the “temperature” of the group

**Asking Questions**
Watching for your written questions

**Follow-up and Evaluation**
Ask for what YOU want or expect
Idea and examples added to the AOS Resource Center
How to ask a question during the webinar

If you dialed in to this webinar on your phone please use the “raise your hand” button and we will open up your lines for you to ask your question to the group. (left)

If you are listening to this webinar from your computer speakers, please type your questions into the question box and we will address your questions. (right)
Today’s Purpose

• Welcome
• Overall Goal for the Innovation Communities
• Goal for Integrated Behavioral Health Innovation Community
• What to Expect
• Participant Key Tasks
• Next Steps
Poll Question # 1

Of the following, which is your favorite board game?

a. Yahtzee
b. Monopoly
c. Scrabble
d. Uno
Innovation Communities

1. Chronic Disease Self Management in Behavioral Health Settings
2. Population Health Management in Behavioral Health Providers
3. Who is Responsible for Care Coordination
4. Developing High Functioning Primary Care Teams
5. Building Integrated Behavioral Health in a Primary Care Setting
Overall Goal for the Innovation Communities

Address three key components:

1. Topic-specific foundational information, knowledge and best practices
2. Innovation implementation planning
3. Adoption of the innovation and sustainability
Goals for “Developing High Functioning Primary Care Teams”

• Assess strengths and challenges of your care team
• Develop and ensure delivery of proper workforce trainings
• Analyze targeted improvements through workflows and communication
What to Expect
Connecting 4 Core Competencies

1. Interpersonal Communication
2. Collaboration & Teamwork
3. Care Planning & Coordination
4. Practice-Based Learning and Quality Improvement

http://www.integration.samhsa.gov/workforce/core-competencies-for-integrated-care
1. Interpersonal Communication

- Patients, family members and staff
- Quick and effective rapport
- Active listening (open-ended inquiry, reflections, etc)
- Health literacy and teach back
- Preferences and adaptations
2. Collaboration & Teamwork

• Interdisciplinary team
• Culture, trust
• Clarity of roles/tasks
• Huddles
• Handoffs
• Shared-decision making
3. Care Planning & Coordination

- Integrated care plans
- Linked services
- Information exchange
- Warm handoffs
- Prioritized treatment goals
- Type & intensity of services matched to needs
4. Practice-Based Learning and Quality Improvement

- Workflows, small tests of change
- Process and outcome metrics
- Billing
- Embedded changes into policies & procedures
- Sustainability
Poll Question #2

The Core Component that will be most useful to me toward meeting the goals of this Innovation Community is:

a. Interpersonal Communication
b. Collaboration & Teamwork
c. Care Planning & Coordination
d. Practice-Based Learning and Quality Improvement
Questions so far?
Team Assessment Tool

1. Step 1: Team Member Self Assessment (Jan)
2. Step 2: Task Summary by Team Member (Feb)
3. Step 3: Summary & Change Plan (Spring)
Participant Key Tasks

1. Conduct team assessment
   • Team Building Tool – AIMS Center

2. Develop a detailed work plan for establishing a high functioning primary care team
   • Goals, tasks, staff, timelines, deliverables
What to Expect

Jan – Feb

- Deeper dive into 4 Core Components
  - Subject matter experts describe team experience
- Step 1: Team Member Self Assessment
- Step 2: Task Summary by Team Member
- One hour coaching call in Jan
What to Expect

<table>
<thead>
<tr>
<th>Jan – Feb</th>
<th>Mar – Jun</th>
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<tbody>
<tr>
<td>Deeper dive into 4 Core Components</td>
<td>Organizing your implementation plan</td>
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<td>Subject matter experts describe team experience</td>
<td>Identifying first PDSA cycles</td>
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<tr>
<td>Step 1: Team Member Self Assessment</td>
<td>Focus topics based on needs of the group</td>
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<td>Step 2: Task Summary by Team Member</td>
<td>Team presentations</td>
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<td>One hour coaching calls in Mar and May</td>
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## What to Expect

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<th>Jan – Feb</th>
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<th>Jul - Sept</th>
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<tr>
<td><strong>Deeper dive into 4 Core Components</strong>&lt;br&gt;Subject matter experts describe team experience</td>
<td><strong>Organizing your implementation plan</strong>&lt;br&gt;Identifying first PDSA cycles</td>
<td><strong>Subject matter experts</strong>&lt;br&gt;Sustainability strategies &amp; lessons from the field</td>
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<tr>
<td><strong>Step 1: Team Member Self Assessment</strong>&lt;br&gt;<strong>Step 2: Task Summary by Team Member</strong></td>
<td><strong>Focus topics based on needs of the group</strong>&lt;br&gt;Team presentations</td>
<td><strong>Step 3: Summary &amp; Change Plan</strong>&lt;br&gt;Small focus group discussions in August</td>
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<td><strong>Curated materials for dissemination</strong></td>
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About Your Support Team

Faculty - 2 CIHS staff and up to 3 subject matter experts who will provide webinar content and coaching in collaboration with the CIHS staff.

- Faculty deliverables: Support participants with educational materials, supportive monitoring of participant progress toward achieving targets, and timely follow-up to questions raised, recorded as phone TA.

- Dedicated page on the CIHS website
Next Steps

- Homework: AIMS Tool Step 1 - Team Member Self Assessment
- Webinar: Tues Jan 13, 3-4pm eastern
Questions?
For More Information

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Questions?
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Thank you for joining us today.

Please take a moment to provide your feedback by completing the survey at the end of today’s webinar.