Slides for today’s webinar are available on the CIHS website at:

http://www.integration.samhsa.gov/pbhci-learning-community/webinars
Got Questions?
Please type your questions into the question box and we will address them.

Moderator
Emma Green, MPH
Training & Technical Assistance Coordinator,
SAMHSA-HRSA Center for Integrated Health Solutions

Today’s Presenters
Heather Cobb
Senior Advisor, Marketing & Creative
National Council for Behavioral Health
heatherc@thenationalcouncil.org

Kathy M. Rogers, RN, NCM
HCH/PBHCI Program Director
Preferred Family Healthcare
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Heather Cobb  
Senior Advisor, Marketing & Creative  
National Council for Behavioral Health

Kathy M. Rogers, RN, NCM  
HCH/PBHCI Program Director  
Preferred Family Healthcare  
Cohort VII
Community Involvement

• Health Fair
  • Kirksville Preferred Family Health Employees

• Anger Management Classes
  • Adair County Probation and Parole Offices

• Trunk or Treat
  • Preferred Family Health Prevention Dept.

Community Involvement

• MOU with Northeast Regional Medical Center & Samaritan Hospitals

• PBHCI Internships & Clinic Rotation RN Program
  • Truman State University

• Veteran Outreach
  • Gift baskets for clients (1st year)
Community Outreach

- Callyn Heights
- Kirksville Heights Apartments
- Feld Arms Apartments
- Village 76

Community Outreach

- Chronic Disease Self-Management Program & Diabetes Self-Management Program
- Memphis Health Department
- Enrollment at Off Sites
  - Jamison
  - Trenton
  - Blessing Center
Community Resources Providing Education to PSR Day Group

- Steve Feeney- Kirksville Police/Fire Department
- Jeff Bergman- American Heart & Stroke Association
- Susan Dublin- Director of the Food Bank
- Hound Around Hotel
  - Pet Grooming & Pet Therapy
  - Responsibility of Pet Ownership

Community Resources Providing Education to PSR

- Boone County Health Department
  - Sexually Transmitted Infections
- Kirksville Aquatic Center
  - Pool Passes
  - Water Safety
- ATSU School of Dentistry/Dental Hygiene & Donations
Community Resources Providing Education to PSR

- Northeast Missouri Regional Arthritis Center
  - Chronic Pain
  - Doris Fountain- Arthritis Foundation Exercise Program
- MU Extension Center
  - Margo Myers- Cooking Matters
  - Gardening & Cost Effectiveness
- Gale Fraiser
  - NERMC Rehab Physical Fitness

Promotional Items
Promotion

- Business Card for Staff
- Integration Table at PFH/AO in August 2015
  - PBHCI magnetic clips

Branding and Marketing

Peer Education Specialist

- Dual Recovery—open to the public
- Dual Recovery Program—RCF @ PFH
Branding and Marketing

PBHCI

• Mascot Naming Competition
  • PSR clients submitted ideas
  • Wellness Wallaby—jumping into good health

• Logo for promotional items & classes
• Business cards with logo & name
• Appointment cards with logo & name

Marketing to RCF’s

• Brookfield, Missouri (centrally located between our two locations, increases area served
• Clients in outlying areas travel to Kirksville
• Small rural community—barriers to access healthcare
Marketing to RCF’s
• Blessing Center (Edina, Missouri)
• Memphis Community Center
  • Lunch & learn to raise awareness about 8 Dimensions of Wellness
• Dual Recovery & Healthy Living Presentations (Trenton, Missouri)

Community Engagement
• Classes & presentations at local community housing locations
  • Callyn Heights
  • Kirksville Heights
  • Village 76
• Community Involvement
  • Personal Hygiene Product Drive
  • NEMO Food Bank
  • Caring Sharing Tree
  • Trunk or Treat
  • Currently preparing for the Great American Smokeout
Media Marketing and Your Program

• CPRC weekly staff meetings
• Publications
  • Kirksville Area Happenings
  • Monthly Calendars
  • Promotional Flyers
  • Qtly Newsletters
• PFH website (program information and services)
  • http://www.pfh.org/pbhci

Class Trainings and Qualifications

• Chronic Disease Self-Management Program/Diabetes Self-Management Program
• Arthritis Foundation Exercise Program
• Walk with Ease
• Tobacco Cessation/Freedom from Smoking
• Tobacco Treatment Specialist (Mayo Clinic)
• My Way to Health-Washington University, St. Louis
Class Trainings and Qualifications

• ALERE Certification
• Trauma Informed Care (Hugh)
• PEER Specialist Training for Certification
• Mental Health First Aid Training, Adult & Youth
• Wellness Coach Class
• InSHAPE (training at the end of the month)

Community Partnerships

• Kirksville Aquatic Center
• Macon County YMCA
• Northeast Regional Medical Center
• NEMO Health Council (FQHC)
• Truman State University
• Adair County Probation & Parole
• Adair County DUI & Drug Court
Community Partnerships

- Local Prosecuting Attorneys & Adair County Circuit Court
- Northeast Missouri Regional Arthritis Center
- Lonestar Physique- Stephanie McGrew
- MO Million Hearts Campaign
- Area RCF’s
MYCARE

Through the MYCARE Integrated Services Program, The DuPage County Health Department (DCHD) and VNA Health Care, a Federal Qualified Health Center (FQHC) implement a Health Care Home.

The health care home provides co-located, integrated primary care and behavioral health services to adults with serious mental illnesses (SMI) who have or are at risk for co-occurring primary care conditions and chronic diseases.
MYCARE Health Home Model

MYCARE Health Home Model for New Clients

Intake
1. Telephone Screening
2. Client Benefit Enrollment
3. Assessor
4. RN

Comprehensive Assessment

Coordination of Care/Ancillary Services
5. Care Coordinator

Treatment Planning
6. Treatment Team

Enrollment in MYCARE can result in the possibility of improvements in the following key health indicators in the target population:

- Blood Pressure
- Body Mass Index
- Waist Circumference
- Breath CO
- Plasma Glucose (fasting) and/or HgbA1c
- Lipid Profile (HDL, LDL, Triglycerides)
- DLA-20
# MyCare Quick Guide

## Physical Health Indicators

<table>
<thead>
<tr>
<th>Health Measurements</th>
<th>Term</th>
<th>&quot;At Risk&quot; Ranges</th>
</tr>
</thead>
<tbody>
<tr>
<td>Blood Pressure (systolic/diastolic)</td>
<td>mmHg</td>
<td>&gt;130 (S) / &gt;85 (D)</td>
</tr>
<tr>
<td>Waist Circumference</td>
<td>cm</td>
<td>&gt;102 (M) / &gt;88 (W)</td>
</tr>
<tr>
<td>Body Mass Index (BMI)</td>
<td></td>
<td>&gt;25</td>
</tr>
<tr>
<td>Blood CO (Carbon Monoxide)</td>
<td>ppm</td>
<td>&gt;10</td>
</tr>
<tr>
<td>HDL Cholesterol</td>
<td>mg/dL</td>
<td>&lt;40</td>
</tr>
<tr>
<td>LDL Cholesterol</td>
<td>mg/dL</td>
<td>&gt;130</td>
</tr>
<tr>
<td>Triglycerides</td>
<td></td>
<td>&gt;150</td>
</tr>
</tbody>
</table>

## Physical Health Indicator Explanations

- **Blood Pressure**: Systolic blood pressure is measured after the heart contracts and is the top number. Diastolic blood pressure is measured when the heart is at rest and is the bottom number.

- **Waist Circumference**: Waist circumference measurement helps determine abdominal fat, which is associated with an increased risk of heart disease, diabetes, some cancers and even early death.

- **Body Mass Index (BMI)**: BMI is a number calculated using a person's weight and height, and can be an indicator of body fatness. BMI does not measure fat distribution, but it's a screening tool to identify possible weight problems and to determine if a person is at a healthy weight (BMI = 18.5 to 24.9).

- **Blood CO (Carbon Monoxide)**: Carbon monoxide is a colorless, tasteless, odorless gas that is highly poisonous. cigarette smoke can contain high levels of CO. CO poisoning symptoms include fatigue, headaches, dizziness, weakness, nausea, and vomiting.

- **HDL Cholesterol**: High-density lipoprotein (HDL) cholesterol is known as the "good" cholesterol because elevated levels of HDL are associated with a reduced risk of heart disease.

- **LDL Cholesterol**: Low-density lipoprotein (LDL) cholesterol is often referred to as the "bad" cholesterol because elevated levels of LDL are associated with an increased risk of heart disease.

### How Can I Lower My Risk?

In general, maintaining a healthy weight, eating nutritious food, being physically active, and not consuming tobacco all contribute to decreased risk of developing disease.
LIVE WELL DUPAGE!
SUMMERTIME WELLNESS EVENT
JUNE 23, 2016
FIRST FLOOR
JUNE 23
1 PM – 4 PM
WELLNESS ACTIVITIES/INFORMATION
• Dental screenings and info
• Breast and cervical cancer prevention
• Heart health awareness
• Water testing
• Assistance with health care coverage
• Smoking cessation info
• Mental health awareness
• Taste healthy snacks
ENTER OUR FREE RAFFLE!

DUPAGE COUNTY HEALTH DEPARTMENT
111 N. County Farm Rd, Wheaton, Illinois
QUESTIONs?
Call: (630) 287-7040

OUTCOMES OF THE WELLNESS FAIR

“I learned more about Health Department Services.”

“I recommend the Health Department holds future Wellness events.”

“Wellness Fair Stats”

Approximately 25-30 clients participated in the fair and entered their names in the drawing.
50+ clients attended the event (20+ from schools, 30+ from community organizations)
2 clients attended breast mammography and received positive results.
3 clients attended breast cancer prevention.
1 client attended breast health.
A client signed up for HHS-A.
3 clients signed up for HIV-A.
2 clients received women in diabetes education.
52 people filled out evaluation cards from which we received high remarks in terms of satisfaction with the event.

integration.samhsa.gov
Flyer

- Add client quotes or testimonials
- Share with Prescribers
- Post in staff break rooms and treatment rooms.
- Email to supervisors of the programs that make referrals.
Glen Ellen Woods Wellness
Lisa Nelson – Residential Lead Staff
Edgar Cantu – MYCARE Coordinator
Melissa Jamit – Residential Supervisor

We began in January talking about wellness at our weekly house meeting and trying some new vegetables. In May the NEW-R class started with everyone asking “do we have to go”. Slowly we have seen small changes:
- Increased in clients drinking water bottles.
- Increased in client eating fruit.
- Change in menus with larger focus on veggies and fruits at meals.
- Some meals with no carbs!
- Increase in exercise
- One client who streeted us to even thinking about weight scheduled and went to doctor specifically about her weight and now started seeing a dietician.
- One client is reporting changes in portions when going out, from a large fry to a small.
- Blood glucose numbers have been overall lower for two clients with diabetes.

Data Outcome results from the NEW-R group for this home:

<table>
<thead>
<tr>
<th>Client ID</th>
<th>NEW-R</th>
<th>Weight</th>
<th>NEW-R</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>101</td>
<td>150</td>
<td>140</td>
<td>160</td>
<td>150</td>
</tr>
<tr>
<td>102</td>
<td>160</td>
<td>150</td>
<td>170</td>
<td>160</td>
</tr>
<tr>
<td>103</td>
<td>170</td>
<td>160</td>
<td>180</td>
<td>170</td>
</tr>
</tbody>
</table>

Cumulative Weight Loss per NEW-R Session by Quarter

Year 1: 33.0 lbs
Year 2: 63.2 lbs
Year 3: 98.6 lbs
Year 3: 110.5 lbs
Year 3: 147.8 lbs
Year 3: 172.6 lbs

Qtr. 1  Qtr. 2  Qtr. 3  Qtr. 4
Join us for a program to help you quit smoking for good!

Courage to Quit is Respiratory Health Association’s group quit smoking program. This six-session program takes place over seven weeks, with the quit date set for the third session. Trained educators will offer you the support you need to help you reach your smoke-free goals while providing you with information on:
- addiction and withdrawal
- quit smoking medicines
- managing cravings
- avoiding triggers
- health benefits of quitting
- free quitting resources

When: Mondays beginning January 11, 2016
1:00pm-2:00pm - the first week is 90 minutes

Where: DuPage County Health Department
1111 W. Lake Street
Addison, IL 60101

To Register: Call MYCARE line at (630)221-7040

Nutrition and Exercise for Wellness and Recovery

Starting a new health behavior like joining a gym or beginning to exercise is not an easy task. This chart show great progress for over a third of our clients whom successfully completed the NEW-R program. The other two-thirds present clients who signed up but never attended or attended one or two classes.

- 93% of the 87 clients whom completed the NEW-R lost a cumulative 244 pounds.
- 93% of the 87 participants whom completed both pre and post self-evaluations felt they are living healthier life styles as a result of program participation.
- Twenty three groups have been facilitated since 10/2013.
- Currently offered at all Public Health Centers.

Courage To Quit

- About 1/3 of the participants made gains from attending smoking cessation support.
- Fourteen CTQ groups have been facilitated since 8/2013.
- Currently offered at all Public Health Centers.
TRAC Reports

<table>
<thead>
<tr>
<th>TRAC Reports</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>WesDax TRAC Reports</td>
<td></td>
</tr>
<tr>
<td>Return to TRAC</td>
<td></td>
</tr>
<tr>
<td>Services Outcome Measures Report</td>
<td></td>
</tr>
<tr>
<td>Service VMG: Year Outcome Measures Report</td>
<td></td>
</tr>
<tr>
<td>Services Outcome Measures Report (HRMCE only)</td>
<td></td>
</tr>
<tr>
<td>Services Notification Report</td>
<td></td>
</tr>
<tr>
<td>Services Reassessment Interview Rate Report</td>
<td></td>
</tr>
<tr>
<td>Services Number of Consumers Served by Grant Year Report</td>
<td></td>
</tr>
<tr>
<td>Services Report in Time Report</td>
<td></td>
</tr>
<tr>
<td>Services Consumer Level Outcome Measures Report</td>
<td></td>
</tr>
<tr>
<td>Services Cross Tabulation/Frequency Report</td>
<td></td>
</tr>
<tr>
<td>SIP Performance Report</td>
<td></td>
</tr>
<tr>
<td>TRAC Performance Report (TPR)</td>
<td></td>
</tr>
<tr>
<td>Services Discharges Report</td>
<td></td>
</tr>
</tbody>
</table>

**Baseline to 6 month Reassessment Outcomes (n=98)**

1. **Baseline Assessment**: In the past 30 days were covered integrated care clients report visits to the emergency room for behavioral health issues.

   **Baseline Assessment**
   - Clients enrolling into MYCARE integrated services report a total of 8 visits to Emergency Rooms for Behavioral Health issues. At the 6 month review, none of the clients that utilized the ER at baseline for Behavioral Health issues returned to the ER.

   **6 month Reassessment**
   - Clients receiving integrated services at the 6 month reassessment report a total of 4 visits to Emergency Rooms for Behavioral Health issues. None of these visits were dual clients from the original 8 visits to the ER at baseline.

2. **J. Measure**: In the past 30 days were covered integrated care clients report the amount of days being hospitalized for mental health care.

   **Baseline Assessment**
   - Clients enrolling into MYCARE integrated services during the baseline interview reported receiving 108 days of mental health care in a hospital setting. At the 6 month review, none of the clients that utilized mental health care in a hospital setting returned.

   **6 month Reassessment**
   - Clients receiving integrated care services at the 6 month reassessment reported receiving 108 days of mental health care in a hospital setting. None of these days involved dual clients from the original 108 baseline days.
MYCARE Outcomes

National Outcomes Measures (NOMS) Improvement

- Functioning in Everyday Life
- Socially Connected
- Healthy Overall
- No Senior Psychological distress
- Had a Stable Place to Live
- Attending School, Employed, or Retired

DCHD (n=154) vs. Illinois (n=1591)

MYCARE Outcomes

Health Vitals Improvement (6 month)

- HDL
- LDL
- Triglycerides
- Albumin
- Glycated Hemoglobin
- Cholesterol
- Systolic Blood Pressure
- Diastolic Blood Pressure

DCHD (n=166) vs. Illinois (n=1591) vs. National
Care Coordination

Nutrition, Exercise, Wellness, and Recovery Program

The Nutrition, Exercise, Wellness, and Recovery (NEW-R) program is designed to focus on the concept of “being intentional.” This means that there is an emphasis on making a plan and/or thinking about what you are going to do each day. The plan is based on the following principles that come from research of weight loss interventions:

- Change in intake (what you eat) makes the biggest impact on weight loss
- Being aware of what you eat can have a positive effect on intake
- Physical activity can support changes in diet, help maintain weight loss and promote other health benefits (e.g., cardiovascular health)
- People that are overweight/obese tend to lead very sedentary lifestyles
- Social support is important for weight loss
- Belief in one’s ability to lose weight/self-efficacy contributes to behavioral changes

To date, eight NEW-R sessions have been held that benefited a total of 40 clients (Graph 6). 75% (30/40) of clients completing the program lost a total of nearly 150 pounds (Graph 7). Among those losing weight, the average weight loss was nearly six pounds per person. For evaluation purposes, session participants complete a pre- and post- Healthy Eating and Wellness Self-Assessment. Evaluation results show that 75% of participants who completed both wellness evaluations felt they are living healthier as a result of program participation. Currently two NEW-R sessions are scheduled to occur every quarter.
MYCARE Outcomes

Twelve Month Reassessment As of September 30, 2014, 84 clients completed the 12 month reassessment. All health indicators are required at the 12 month reassessment. The percentage of clients showing improvements for these indicators is shown in Table 4.

<table>
<thead>
<tr>
<th>Table 4: Required Health Indicators</th>
<th>Percent Improved</th>
</tr>
</thead>
<tbody>
<tr>
<td>GAF Score</td>
<td>36%</td>
</tr>
<tr>
<td>Waist Circumference</td>
<td>63%</td>
</tr>
<tr>
<td>Systolic Blood Pressure</td>
<td>54%</td>
</tr>
<tr>
<td>Diastolic Blood Pressure</td>
<td>56%</td>
</tr>
<tr>
<td>Breath Co</td>
<td>42%</td>
</tr>
<tr>
<td>A1c</td>
<td>54%</td>
</tr>
<tr>
<td>Plasma Glucose</td>
<td>51%</td>
</tr>
<tr>
<td>Total Cholesterol</td>
<td>65%</td>
</tr>
<tr>
<td>HDL</td>
<td>33%</td>
</tr>
<tr>
<td>LDL</td>
<td>68%</td>
</tr>
<tr>
<td>Triglycerides</td>
<td>63%</td>
</tr>
</tbody>
</table>
SBIRT IMPLEMENTION

ADDITIONAL SCREENING AND INTERVENTION METHOD
Let your ECR do the work…

<table>
<thead>
<tr>
<th>Client ID</th>
<th>Client Name</th>
<th>MME Date</th>
<th>Staff</th>
<th>General Health Concerns</th>
<th>Concerns</th>
<th>Smokes</th>
<th>Explain</th>
<th>Primary Physician</th>
<th>Dentist</th>
<th>Substances Abused If Any</th>
</tr>
</thead>
<tbody>
<tr>
<td>4175</td>
<td></td>
<td>26-08-2015</td>
<td>Y</td>
<td></td>
<td>Client reported CDPR. which was diagnosed approximately 2014.</td>
<td>Y</td>
<td>Client reported he smokes 10 cigarettes per day</td>
<td>Y</td>
<td>Y</td>
<td>Alcohol, Methamphetamine, Xanax, pain, sleep, stimulants, Cocaine/ Crack, Marijuana</td>
</tr>
<tr>
<td>4256</td>
<td></td>
<td>17-08-2015</td>
<td>Y</td>
<td></td>
<td>1/2 pack daily</td>
<td>N</td>
<td>Alcohol</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4818</td>
<td></td>
<td>09-08-2015</td>
<td>Y</td>
<td>Diabetes, high blood pressure, high cholesterol</td>
<td>currently smokes 10 cigs a day, started at age 18</td>
<td>Y</td>
<td>Tobacco, Cocaine/Crack, Alcohol</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5248</td>
<td></td>
<td>03-06-2015</td>
<td>N</td>
<td></td>
<td>Gil has been smoking since age 15 y/o. Smokes 1 PPD</td>
<td>Y</td>
<td>Alcohol</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5956</td>
<td></td>
<td>15-08-2015</td>
<td>N</td>
<td></td>
<td>2 packs a day</td>
<td>Y</td>
<td>Alcohol</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Stroger Hospital
Recently, representatives from the DuPage County Health Department visited the Screening Brief Intervention & Referral to Treatment (SBIRT) team at John H. Stroger, Jr. Hospital. SBIRT was recognized in 2011 for its comprehensive and caring approach to addiction by the Office of National Drug Control Policy. Underlying SBIRT treatment is the philosophy that substance abuse is a major preventable and treatable public health problem affecting all racial, cultural and socioeconomic groups.

Pictured from left to right are: Stroger Hospital Psychiatry Department Health Counselors, Christopher Thomas and Maria Serrano; Dr. Andrew Segovia Kulik, Department Chairman; DuPage County Health Department; Susan Kottra, Coordinator of MyCore Behavioral Health Integrated Programs; Gloria Wright, Director of SBIRT Services, COHP; DuPage County Health Department Program Manager Jason Knorr; Alvin Polk, COHP Health Counselor; and Raymond Robinson, Stroger Psychiatry Department Administrator.

[Integration Page]
Getting Unstuck!
Drugs, Alcohol and Mental Health

WHERE:
111 N. County Farm Rd.
Wheaton, IL
Room 455

WHEN:
August 3, August 10, August 17
1:00 pm – 2:30 pm

TO REGISTER CALL MYCARE AT:
(630) 221-7040

"Dear past, thank you for all the lessons. Dear future, I'm ready!"

Seeking Safety Report by Janet Stein

What is the Seeking Safety Treatment?
This treatment is designed for people with substance abuse and trauma. "Trauma" means that a person has suffered a serious life event, such as physical abuse, a car accident, or a hurricane. Many men and women who abuse substances have experienced trauma during their lifetime. Some people develop posttraumatic stress disorder (PTSD) as a result of their trauma. Participants learn more about this during treatment.

The treatment consists of 24 psychotherapy sessions. It is an "integrated" treatment, meaning that both trauma and substance abuse issues are worked on at the same time to produce the most successful recovery possible. It was developed at Harvard Medical School and McLean Hospital beginning in 1995, with funding by the National Institute on Drug Abuse.

Who is it called Seeking Safety?
The #1 goal of treatment is to help you become safe. "Safety" includes the ability to:
- Manage trauma triggers (such as flashbacks, nightmares, and negative feelings).
- Cope with life without substances.
- Take good care of yourself (such as getting regular medical exams and eating well).
- Find safe people who can be supportive to you.
- Free yourself from domestic violence or other serious abusive relationships.
- Prevent self-destructive acts (such as cutting, suicidal impulses, and unsafe sex).
- Find ways to feel good about yourself and enjoy life.

Attendance – Greater improvement with longer participation.

Staying safe attendance (12 weeks) / N=16

Outcome Tools
- Eight out of 11 participants with 2 or more PTSD Checklist – Civilian Version (PCL-C) screenings demonstrated a reduction on their scores. Lower scores suggest a decrease in problems, complaints and stress associated with emotional trauma experiences.

Reported Substance Use
12 participants completed the seeking safety drug and alcohol use questionnaires – we are revising this questionnaire next session to ask about use during the last 30 days. The initial questionnaire asks participants about use during the last 30 days, however, facilitators noted potential concerns with participant recall over a 30 day period. The hope is that weekly collection of data will improve recall concerns and improve accuracy of data.
Procedure Steps:

1. Prescriber identifies clients that have at-risk health indicator values.
   - Blood pressure – alerts the Prescriber electronically
   - BMI – alerts the Prescriber electronically
   - Glucose and Lipid profile – Prescriber views lab work in ECR.

2. Prescriber makes referral to wellness program by selecting a wellness program in the referral module located in the client electronic record. Located in the plan section of the CareLogic psychiatric progress note wizard.

   - Dietary Mgmt: Education/Guidance/Counseling for High BMI
   - Giving Encouragement to Exercise for High BP/BMI
   - Dietary Mgmt: Education/Guidance/Counseling for Low BMI
   - Weight Management Program for High BP/BMI
   - Primary Care Physician for High BP/BMI/Other
   - Psychotherapy/Counseling Ordered for High AUDIT

3. An ad hoc report is generated by BHS Supervisor at all participating locations for referral made to wellness programming.

4. The report is generated weekly by BHS Supervisor. The report pulls the prior week’s data.

5. The report consists of the following information: Client name, Client Phone number, Primary Staff/Prescriber Name, Organization - Location of Service, Referral made by Prescriber. – Looking to add payer so we can avoid using Auth/Verification in this process.

6. The CHW’s call the clients referred within 7 days of receiving the report.

7. The referral process consists of:
   - Calling client. (site expects client/parents馬上)
BEHAVIORAL HEALTH SERVICES

MYCARE

The MYCARE program has proven a strong linkage between services provided and a reduction in ER visits and hospitalizations for participants. Data shows that the 30 days prior to enrolling into the MYCARE program, clients had received a combined 108 days of mental health care in a hospital setting and a total of eight ER visits for behavioral health issues. At the six month review, none of these clients had returned to a hospital setting or ER for mental health issues.

to everyone in need of them, leaving no pocket of this population unserved. This voluntary program provides short term stays for patients who have more acute symptoms, but do not meet the criteria for inpatient hospitalizations or who have been recently discharged from psychiatric hospitalization. Dr. Medvedev is available onsite at Crisis two days a week to provide psychiatric services to clients.

Welcoming a New Psychiatrist

In April, BHS will have a brand new addition to their staff. Dr. Shuja Uddin is joining the BHS team and will be primarily providing psychiatric services to children and adolescents at the Central Public Health Center.
DCHD

Jason Knorr, MS, LCPC
Integrated Systems Manager
111 N County Farm Road
Wheaton, IL 60187
jknorr@dupagehealth.org
630-221-5341
For More Information & Resources

Visit [www.integration.samhsa.gov](http://www.integration.samhsa.gov) or e-mail [integration@thenationalcouncil.org](mailto:integration@thenationalcouncil.org)

Questions and Answers