

2013

INNOVATOR'S NOTEBOOK

SAMHSA

PRIMARY AND BEHAVIORAL HEALTH CARE INTEGRATION
GRANTEE MEETING



SAMHSA-HRSA

Center for Integrated Health Solutions

NATIONAL COUNCIL
FOR BEHAVIORAL HEALTH
MENTAL HEALTH FIRST AID
Healthy Minds. Strong Communities.



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SAMHSA Primary and Behavioral Health Care Integration 2013 Grantee Meeting

Hyatt Regency Phoenix

SUNDAY, SEPTEMBER 22

Time & Room	Event
8:30 AM – 4:00 PM Gilbert	<p>WHOLE HEALTH ACTION MANAGEMENT (WHAM) WORKSHOP FOR PEER SUPPORT SPECIALISTS (DAY 1)</p> <p><i>Faculty: Jean Dukarski, Senior Trainer, Appalachian Consulting Group, and Patrick Hendry, Senior Director of Consumer Advocacy, Mental Health America</i></p> <p>Have a health goal? Achieve it with WHAM, a training program in which participants learn self-management through 10 health and resiliency factors. The training, created by peers for peers, is provided in a supportive environment that focuses on participants' strengths. Experience the full training and learn how to facilitate WHAM groups in your community and get all the materials and information to do so.</p>
8:30 AM – 4:00 PM Sundance	<p>WHOLE HEALTH ACTION MANAGEMENT (WHAM) WORKSHOP FOR PROJECT LEADERS</p> <p><i>Faculty: Larry Fricks, Deputy Director, CIHS</i></p> <p>How can WHAM improve upon your integration program? Learn more about the training, how to embed it into your PBHCI program, and strategies to support peer leaders.</p>
4:30 PM – 6:30 PM Regency Foyer	CHECK-IN FOR GRANTEE MEETING

MONDAY, SEPTEMBER 23

8:30 AM Regency Foyer	CHECK-IN FOR GRANTEE MEETING
8:30 AM-3:30 PM Gilbert	<p>WHOLE HEALTH ACTION MANAGEMENT (WHAM) WORKSHOP FOR PEER SUPPORT SPECIALISTS (DAY 2)</p>
9:00 AM-11:30 AM Regency Ballroom	<p>PRECONFERENCE INSTITUTE: SUSTAINING HEALTH INTEGRATION ACTIVITIES</p> <p><i>Faculty: Kathleen Reynolds, Vice President, Health Integration and Wellness Promotion, National Council for Behavioral Health</i></p> <p>With a solid plan, your integration program can continue well beyond the completion of your PBHCI grant. Find out what practical health reform changes, leadership, financing, and organizational change strategies to consider when designing post-grant sustainability plans.</p>
12:30 PM Regency Ballroom	<p>GENERAL SESSION</p> <p><i>Presenters: Trina Dutta, Public Health Advisor, PBHCI, and Pamela Hyde, Administrator, SAMHSA (via video); Laura Galbreath, Director, CIHS</i></p>

Time & Room	Event
1:00 PM Regency Ballroom	INTRODUCTION BINGO
1:30 PM Regency Ballroom	<p>POPULATION MANAGEMENT WITHIN MEDICAID HEALTH HOMES</p> <p><i>Presenter: Dorn Schuffman, Coordinator, CMHC Healthcare Home Initiative, Missouri Department of Mental Health</i></p> <p>In January 2012, Missouri community mental health homes began providing services to 15,051 enrollees. Learn what changes Missouri experienced during this system transformation and how providers now use data to manage their clients' whole health.</p>
2:45 PM	BREAK
3:00 PM Regency Ballroom	COHORT I GRANTEE GRADUATION – LESSONS LEARNED
4:30 PM Regency Ballroom	<p>WHERE ARE WE NOW? A SNAPSHOT OF PBHCI GRANTEEES</p> <p><i>Presenter: Deborah Scharf, Clinical and Health Psychologist, Behavioral and Social Scientist, RAND Corporation</i></p> <p>You've shared your data. Now find out how it highlights your successes and challenges. More importantly, hear how RAND's data analysis can help inform your practice improvement efforts.</p>
5:30 PM	ADJOURN
6:00 PM Atrium	NATIONAL COUNCIL FOR BEHAVIORAL HEALTH RECEPTION (OPTIONAL)
TUESDAY, SEPTEMBER 24	
6:30 AM Hotel Lobby	WELLNESS WALK/RUN
7:30 AM Regency Foyer	CHECK-IN
8:30 AM Regency Ballroom	<p>GENERAL SESSION</p> <p><i>Presenters: Trina Dutta and Elinore McCance-Katz, Chief Medical Officer, SAMHSA; and Laura Galbreath</i></p>
9:00 AM Regency Ballroom	<p>ADDRESSING HEALTH DISPARITIES THROUGH HEALTH INTEGRATION</p> <p><i>Presenter: Octavio N. Martinez, Executive Director, Hogg Foundation for Mental Health</i></p> <p>Research shows that treating behavioral health conditions as early as possible, holistically, close to a person's home and community, and in a culturally and linguistically appropriate manner leads to the best health outcomes. Explore integrated healthcare's role in and impact on health equity and eliminating health disparities and how culturally and linguistically competent strategies relate to engaging with your community.</p>

Time & Room	Event
10:00 AM Regency Ballroom	<p>HOW MANAGED CARE IS PLANNING FOR INTEGRATION</p> <p><i>Presenters: Linda Rosenberg, President and CEO, National Council for Behavioral Health, and Rhonda Robinson Beale, Chief Medical Officer, External Affairs, OptumHealth Behavioral Solutions</i></p> <p>In communities across the nation, PBHCl grant sites not only provide integrated care, but many are becoming state designated health homes and federally qualified health centers. The grantees' ability to offer a framework of healthcare reform's market effects, and how the Optum system responds to those changes, will be extraordinarily valuable as these early adopter organizations reposition themselves in the new marketplace.</p>
10:45 AM	Break
11:00 AM Regency Ballroom	<p>CONCURRENT GRANTEE PRESENTATIONS</p> <p>MEDICAID HEALTH HOMES</p> <p><i>Presenter: Jeff Levine, Bronx Lebanon Hospital Center</i></p> <p>In times of budgetary constraints, PBHCl grantees face barriers to sustaining the wellness programs they provide to clients. A transition to direct payment for such services is needed. Join in a discussion of Medicaid health homes' opportunities and pitfalls and how working with regulatory agencies can expand the horizon of reimbursable services in a mental health setting.</p>
Phoenix West	<p>OHIO'S DIRECT SERVICES WORKFORCE INITIATIVE AND HEALTH CARE INTEGRATION</p> <p><i>Presenters: Sandy Stephenson, Southeast, Inc.; Jeff O'Neil, Greater Cincinnati Behavioral Health Services; Mary Hull, Center for Families and Children; Frank Sepetauc, Community Support Services; and Phyllis Panzano, Decision Support Services, Inc.</i></p> <p>Transitioning to a health home involves significant changes to the roles of direct service workers. Review findings from a recent exploratory study of new and emerging job duty and worker competency requirements. These new requirements have important implications for direct services professionals working in settings that are shifting to health home models.</p>
Phoenix East	<p>PSYCHIATRIC NURSING IN THE INTEGRATION WORKFORCE</p> <p><i>Presenters: Kelly Paananen and Mina Luongo, Downtown Emergency Service Center</i></p> <p>What role can nurse care managers play in an integrated setting? A Cohort III grantee evaluates the strengths and limitations of the nurse care manager role and outlines a sustainable model that includes the essential responsibilities and core competencies of medical care managers' evolving role in community mental health centers.</p>

Time & Room	Event
11:00 AM Cowboy Artist's Room	<p>GRANT OPERATIONS: A PROGRAM COORDINATOR'S POINT OF VIEW</p> <p><i>Presenters: Christian Barnes-Young, South Carolina Department of Mental Health; Matthew Rich, Austin Travis Integral Care; and Jeff Reece, Chief Executive Officer, Chesterfield General Hospital</i></p> <p>Grantees implement a variety of strategies to make integrated care work. In South Carolina, integrated care providers in rural areas face unique challenges. In Austin, Texas, two systems that differ in every way – from culture, workflows, and populations served to financing, health records, and the disciplines that make up the teams – work together toward integration. Learn how they found ways to operate and discuss challenges and solutions to providing integrated care.</p>
12:00 PM Regency Ballroom	<p>NETWORKING LUNCHESES (OPTIONAL)</p> <p>Grab lunch on your own then head to an informational time to talk with fellow PBHCl teams. Distinct lunches are organized for:</p> <ul style="list-style-type: none"> • Project directors • Evaluators • Primary care providers • Peer wellness coordinators • Grantees without primary care partnerships • Cohort I Grantees • Psychiatrists
Remington	<ul style="list-style-type: none"> • Individual "Drop-in" consultation a with SAMHSA Grants Management Specialist to ask any question you may have about your grant operations, from drawing down funding to requesting a no-cost extension.
Cassidy	<ul style="list-style-type: none"> • CEOs with National Council President and CEO Linda Rosenberg
1:30 PM Regency Ballroom	<p>CONCURRENT GRANTEE PRESENTATIONS</p> <p>MERGING CULTURES: PRIMARY CARE PERSPECTIVE</p> <p><i>Presenter: Susan Girois, Norfolk Community Services Board</i></p> <p>The different cultures in primary and traditional behavioral healthcare can lead to tensions in an integrated workplace, if not identified and addressed by team members. Explore these differences from the primary care perspective using case scenarios and real-life challenges encountered in an integrated clinic.</p>

Time & Room	Event
1:30 PM Phoenix West	<p>USING POPULATION-BASED HEALTH INDICATOR DATA TO IMPROVE HEALTH: LESSONS FROM EXPERIENCE AND IMPLEMENTATION SCIENCE</p> <p><i>Presenters: Sandy Stephenson, Southeast, Inc., and Phyllis Panzano, Decision Support Services, Inc.</i></p> <p>Southeast Inc., a Cohort I grantee, strategically uses population-based data to improve the health of adults with severe and persistent mental illnesses. Discuss their strategies for collecting and using physical health indicator data, as well as how they encouraged clinicians, the PBHCI team, and their entire organization to use the data in conjunction with behavioral health and biographical information to improve health at the population and sub-group levels.</p>
Phoenix East	<p>STANDARDIZING THE PROCEDURES FOR PREVENTIVE CARE FOR CLIENTS WITH HYPERTENSION</p> <p><i>Presenters: Olga Felton and John Kern, Regional Mental Health Center</i></p> <p>Get a step-by-step guide to caring for adults with mental illnesses and co-existing hypertension. Nurse care managers, case managers, and behavioral health staff in integrated care will learn a systematic process for screening for risk factors, making appropriate referrals, and applying treat-to-target guidelines for hypertension, as well as review an example of “standard operating procedures” for preventive care of hypertension in integrated treatment planning.</p>
Cowboy's Artist Room	<p>ADDICTION MEDICINE: THE BRIDGE TO INTEGRATING CARE AND IMPROVING HEALTH OUTCOMES</p> <p><i>Presenters: Deborah Borne, San Francisco Department of Health; Inna Bleykhman and Crystal Homes, South of Market Mental Health; and Suzannah Patterson, Community Behavioral Health Services</i></p> <p>Need new ideas or a plan to implement or sustain an addiction medicine program in your agency? Hear how one community structured their program, including an integrated approach to screening, referral, and treatment. Share your own successes and barriers to determine a strategy for your agency.</p>
Cassidy	<p>DECISION SUPPORT TOOLS: ADAPTING HEALTH RECORDS FOR INTEGRATED CARE</p> <p><i>Presenters: Jeannie Tse, Rosemarie Sultana-Codero, and Elisa Chow, Institute for Community Living, Inc.</i></p> <p>Electronic health records stand at the forefront of integrated care solutions. The Institute for Community Living has developed a user-friendly electronic toolkit that supports behavioral health workers’ integrated decision-making in real time during clinical encounters. Explore the toolkit and share your own helpful resources. Access a framework to develop your own decision support tools and walk through the action steps to adapt health records to promote integrated care at your agency.</p>

Time & Room	Event
2:30 PM	BREAK
2:45 PM	<p>BREAKOUTS: REGIONAL LEARNING COMMUNITIES</p> <p>Connect with other PBHCI grantees, SAMHSA government project officers, and your region’s learning community liaisons. Each breakout features Q&A with a government project officer on how to work together for success and use health outcome data to inform integration service improvement.</p> <ul style="list-style-type: none"> Ellis Cassidy <ul style="list-style-type: none"> HHS Regions 9 and 10 (West) – Trina Dutta, SAMHSA, and Aaron Williams, CIHS HHS Regions 5, 6, 7 and 8 (Central and Midwest) – Roxanne Castaneda, SAMHSA; Linda Ligenza, Jeff Capobianco, and Hannah Mason, CIHS Cowboy's Artist Room <ul style="list-style-type: none"> HHS Region 4 (Southeast) – Marian Scheinholtz, SAMHSA, and Colleen O'Donnell, CIHS Phoenix East and West <ul style="list-style-type: none"> HHS Regions 1, 2, and 3 (Northeast and Mid-Atlantic) – Tenly Pau, SAMHSA; Jenny Crawford, Tony Salerno and Emma Green, CIHS
5:00 PM	ADJOURN
6:00 PM - 8:30PM Regency Ballroom	COHORT V HEALTH DISPARITIES POSTER DECORATING
WEDNESDAY, SEPTEMBER 25	
6:30 AM Hotel Lobby	WELLNESS WALK/RUN
8:30 AM Regency Foyer	CHECK-IN
9:00 AM Regency Ballroom	<p>SAMHSA'S NEW REQUIREMENT FOR ADDRESSING HEALTH DISPARITIES</p> <p><i>Presenters: Trina Dutta, Tenly Pau, Public Health Analyst, PBHCI, SAMHSA, and Laura Galbreath</i></p> <p>With the launch of Healthy People 2020, the U.S. Department of Health and Human Services committed the nation to an overarching goal: “to eliminate health disparities. As part of this comprehensive disease prevention and health promotion agenda, all Cohort V and VI PBHCI grantees participate in a SAMHSA pilot program to reduce health disparities through their PBHCI grant efforts. Learn how this effort will help reach the goals of Healthy People 2020, and how future grantees will continue to contribute to this important effort.</p>
10:00 AM Regency Ballroom	COHORT V: ADDRESSING HEALTH DISPARITIES POSTER SESSIONS

Time & Room	Event
11:00 AM Regency Ballroom	<p>EMPOWERING INDIVIDUALS WITH WHOLE HEALTH SERVICES</p> <p><i>Presenter: Nanette Larson, Director of Recovery Support Services, Illinois Department of Human Services, Division of Mental Health</i></p> <p>Individuals participating in behavioral health services have often had life experiences that discourage them from engaging in effective health management. However, when these individuals are effectively empowered with the necessary information and support, they can become the best advocates for their own health and wellbeing, as well as for others. Join a thought-provoking discussion on effective approaches to achieve these outcomes.</p>
12:00 PM	<p>LUNCH AND LEARN</p> <p>Grab lunch on your own and return for one of the following lunches:</p> <ul style="list-style-type: none"> • Drum circle – CODAC Behavioral Health Services, Inc. • Wellness class discussions – Cascadia Behavioral Healthcare, Inc. • Cohort VI grantees • Individual “Drop-in” consultation with Aaron Surma, Quality Improvement Associate, CIHS, to answer questions on data collection and clinical registries • Individual “Drop-in” consultation with SAMHSA Grants Management Specialist to ask any question you may have about your grant operations, from drawing down funding to requesting a no-cost extension
TBD Regency Ballroom Regency Ballroom Cowboy's Artist Room	
Remington	
1:30 PM Regency Ballroom	<p>BREAKOUT SESSIONS 'A'</p> <p>PRIMARY CARE CURRICULUM REVIEW</p> <p><i>Presenter: Lori Rainey, CEO, Collaborative Care Consulting</i></p> <p>Get an exclusive peek into a new curriculum for primary care providers working in behavioral health settings and share your input into how the curriculum would best prepare your agency's primary care professionals.</p>

Time & Room	Event
1:30 PM Cassidy	<p>CONNECTING SUBSTANCE USE TO PBHCI WITH MEDICATION ASSISTED TREATMENT</p> <p><i>Presenter: Chris Esguerra, Deputy Medical Director, San Mateo County Behavioral Health and Recovery Services</i></p> <p>Medication assisted treatment (MAT) is a holistic addiction treatment component. The San Mateo County Behavioral Health and Recovery Services identified MAT's lack of use as a gap in the care they provided, despite that they integrated mental health and substance use services. Learn how they addressed this gap, while simultaneously enhancing primary care services. Also hear about how their long acting injectable naltrexone (Vivitrol) pilot, further promoted MAT as a standard part of quality integrated care.</p>
Ellis	<p>POPULATION MANAGEMENT FOR CO-OCCURRING DIABETES AND MENTAL ILLNESS: IMPLEMENTING A REGISTRY TO INCREASE ADHERENCE TO DIABETES STANDARDS OF CARE</p> <p><i>Presenter: Jessica A. Jonikas, University of Illinois at Chicago, Center for Psychiatric Disability and Co-occurring Medical Conditions</i></p> <p>To improve diabetes management in their clinic, the University of Illinois introduced a diabetes registry and care coordination protocol for adults with mental illnesses who receive care in their integrated health clinics. Learn about their protocol and how you can implement it in your center.</p>
Phoenix West	<p>SUSTAINING YOUR TOBACCO CESSATION ACTIVITIES</p> <p><i>Presenter: Chad Morris, Director, Behavioral Health and Wellness Program, University of Colorado</i></p> <p>Tobacco use among people with mental illnesses and addictions is an enormous contributor to poor health outcomes. As you prepare for the end of your PBHCI grant, will your tobacco cessation program continue? Review strategies to keep your tobacco cessation activities going.</p>
Phoenix East	<p>STRENGTHEN YOUR INTEGRATION PROGRAM THROUGH STRATEGIC COMMUNICATIONS</p> <p><i>Presenter: Heather Cobb, Senior Director, Creative and Strategy, National Council for Behavioral Health</i></p> <p>Building a strong communication plan for your integration program is vital to building stakeholder, policy, client, and public support. Learn to use your PBHCI data and stories to engage your colleagues, management, board members, legislators, community stakeholders, and clients.</p>
2:30 PM	Break

Time & Room	Event
2:45 PM Cowboy's Artist Room	<p>BREAKOUT SESSIONS 'B'</p> <p>USING DATA TO DRIVE CONTINUOUS QUALITY IMPROVEMENT</p> <p><i>Presenters: Trish Cortes and Jessica Sahutoglu, Washtenaw Community Health Organization; Brandie Hagaman and Mike Harding, Community Support and Treatment Services</i></p> <p>Community Support and Treatment Services' disease management program targets "deep end" clients through a stratification process that looks at overall health, perception of health, diagnoses, and use of health system. The dashboard pulls data from the electronic medical record, as well as the TRAC system. Learn how they use the dashboard in clinical decision making and how Washtenaw Community Health Organization and CSTS use data for program interventions, client progress tracking, and quality improvement.</p>
Cassidy	<p>CREATING ACADEMIC PARTNERSHIPS: CLINICAL AND WORKFORCE BENEFITS</p> <p><i>Presenter: Alice Geis, Trilogy, Inc.</i></p> <p>Healthcare systems are increasingly called upon to provide well coordinated interdisciplinary care that includes wellness services. Hear how Trilogy, Inc. developed successful partnerships with an integrated care program and academic centers. To prepare the future workforce, their integrated health program engages Rush University nursing students in these interprofessional experiences. Explore the opportunities and barriers to success, along with the potential for new or expanded partnerships for integration teams.</p>
Ellis	<p>POPULATION MANAGEMENT FOR CO-OCCURRING DIABETES AND MENTAL ILLNESS: IMPLEMENTING A REGISTRY TO INCREASE ADHERENCE TO DIABETES STANDARDS OF CARE</p> <p><i>Presenter: Jessica A. Jonikas, University of Illinois at Chicago, Center for Psychiatric Disability and Co-Occurring Medical Conditions</i></p> <p>To improve diabetes management in their clinic, the University of Illinois introduced a diabetes registry and care coordination protocol for adults with mental illnesses who receive care in their integrated health clinics. Learn about their protocol and how you can implement it in your center.</p>
Phoenix West	<p>THE USE OF PEERS IN YOUR TOBACCO CESSATION ACTIVITIES</p> <p><i>Presenter: Chad Morris, Director, Behavioral Health and Wellness Program, University of Colorado</i></p> <p>Engaging peers as leaders in your tobacco cessation activities can have a large impact on outcomes. Explore how to include peers in your tobacco cessation program planning and delivery to improve the overall program and outcomes.</p>

Time & Room	Event
2:45 PM Phoenix East	<p>STRENGTHEN YOUR INTEGRATION PROGRAM THROUGH STRATEGIC COMMUNICATIONS</p> <p><i>Presenter: Heather Cobb, Senior Director, Creative and Strategy, National Council for Behavioral Health</i></p> <p>Building a strong communication plan for your integration program is vital to building stakeholder, policy, client, and public support. Learn to use your PBHCI data and stories to engage your colleagues, management, board members, legislators, community stakeholders, and clients.</p>
4:00 PM Regency Ballroom	EVALUATION AND FAREWELL
5:00 PM	ADJOURN
THURSDAY, SEPTEMBER 26	
8:30 AM - 5:00 PM Gilbert Room	<p>NAVIGATING INTEGRATION: MUST-HAVE LEADERSHIP SKILLS FOR PBHCI DIRECTORS <i>(Optional)</i></p> <p><i>Faculty: Jeanne Supin, President and CEO, Watauga Consulting, Inc., and Mohini Venkatesh, Senior Director, Public Policy, National Council for Behavioral Health</i></p> <p>PBHCI directors create sweeping change – clinical, financial, operational, and cultural. Strengthen your ability to lead, inspire, and build successful primary and behavioral healthcare integration programs. Enhance your leadership skills, including articulating a vision, planning and managing change, getting buy-in without formal authority, turning conflict into collaboration, ensuring financial integrity, and effectively managing teams, data, processes, and improvement. Explore your own leadership strengths by learning with peers who share your experiences and your passion.</p> <p><i>This session is open to Cohort V and VI project directors or newly hired directors from Cohort II-IV sites. Limit one staff per grantee site.</i></p>

A full attendee list will be available at www.integration.samhsa.gov/pbhci-learning-community/2013-grantee-meeting following the meeting.

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