

**PBHCI Grantee List-serv Discussion on Exercise Waivers
June 2012**

Jennifer Fiorillo jfiorillo@bridgesmilford.org (please note Jennifer is no longer with Bridges)
Thu Jun 14 10:35:14 EDT 2012

Hi everyone- This question may have been posted sometime back, but I'm hoping to get some feedback on any liability associated with clients participating in exercise programs. We would like to implement a Wii dance class and wanted to know if it was necessary to create a waiver or any other document around participation and liability.

Thanks

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DeHart, Leslie LDeHart@odmhsas.org
Thu Jun 14 10:38:46 EDT 2012

Jennifer! I was just typing this very same question in an email to the listserv. I would love to see examples as well.

Leslie DeHart

Jeff O'Neil joneil@gcbhs.com
Thu Jun 14 11:04:36 EDT 2012

This is also an issue that we have encountered and not yet solved, especially in relation to staff and clients who have wanted to implement weight-lifting machines and other higher impact equipment.
Thanks, jeff

Jeff

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Fran Cerasuolo FCerasuolo@cmhacc.org
Thu Jun 14 11:08:16 EDT 2012

Hi, Yes, You need to get a release from the Medical provider stating the patient is medically stable to participate in any exercise program.

Leslie Stratford lstratford@coastalbh.org
Thu Jun 14 14:32:53 EDT 2012

Does the organization inherit any responsibility if the person is injured in an organization sponsored activity?

Dona Rivera-Gulko DRivera@codac.org
Thu Jun 14 16:23:28 EDT 2012

Yes, the organization has liability. Please ensure that your liability insurance covers this.

Dona Rivera-Gulko, MS, CRC, CCM
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Monica Collins
collinsm@gnmhc.org
Mon Jun 18 09:33:06 EDT 2012

As part of the grant research for Healthy Choices Healthy Changes clients must get a Medical Clearance form completed by their PCP. The wording of the consent releases liability from injury as the client is voluntarily being part of this research project. There is no separate form that they sign to release liability.

Khoury, Mary mary.khoury@MHCD.org
Tue Jun 19 18:28:23 EDT 2012

Hello,

Here is the waiver we have used since the start of the project.

Mary Khoury RN, MS
Project Manager
Integrated Primary Care and Wellness
The Mental Health Center of Denver

Susan Ohmer susanohmer@raincountry.org
Wed Jun 20 10:11:12 EDT 2012

I included the form we use for texting, email, and staff cellphone use as well as exercise. They are simple and having just looked at Mary's exercise waiver I'm sure they need to be more formal, but it's what we've used just to make sure we have some documentation.