PBHCI - Substance Abuse Screening

Client Name

Client Number

Interview Date:  

Gender:  

DOB:  

Instructions: Select one answer for each question.

How often do you have a drink containing alcohol?
- Never
- Monthly or less
- 2 to 4 times a month
- 2 to 3 times a week
- 4 or more times a week

How many drinks containing alcohol do you have on a typical day when you are drinking?
- 1 or 2
- 3 or 4
- 5 or 6
- 7, 8, or 9
- 10 or more

How often do you have six or more drinks on your own occasion?
- Never
- Less than monthly
- Monthly
- Weekly
- Daily or almost daily

How often during the last year have you found that you were not able to stop drinking once you had started?
- Never
- Less than monthly
- Monthly
- Weekly
- Daily or almost daily

How often during the last year have you failed to do what was normally expected from you because of drinking?
- Never
- Less than monthly
- Monthly
- Weekly
- Daily or almost daily

How often during the last year have you been unable to remember what happened the night before because you had been drinking?
- Never
- Less than monthly
- Monthly
- Weekly
- Daily or almost daily

How often during the last year have you needed an alcoholic drink first thing in the morning to get yourself going after a night of heavy drinking?
- Never
- Less than monthly
- Monthly
- Weekly
- Daily or almost daily

How often during the last year have you had a feeling of guilt or remorse after drinking?
- Never
- Less than monthly
- Monthly
- Weekly
- Daily or almost daily

Have you or someone else been injured as a result of your drinking?
- No
- Yes, but not in the last year
- Yes, during the last year

Has a relative, friend, doctor or another health professional expressed concern about your drinking or suggested you cut down?
- No
- Yes, but not in the last year
- Yes, during the last year

Risky Drinking:
Women: More than 7 drinks per week OR more than 3 drinks per occasion
Men: More than 14 drinks per week OR more than 4 drinks per occasion

Scoring:
Sum total points. A score of 8 or higher indicates a drinking problem

Total Score: